

SELF-CONFIDENCE AND SOCIAL ADJUSTMENT IN ADOLESCENTS

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ABSTRACT

This study aims to determine the relationship between self-confidence and social adjustment in adolescents of class XI SMA Negeri 4 Depok. The hypothesis proposed is that there is a relationship between self-confidence and social adjustment. The population in this study were adolescents of class XI SMA Negeri 4 Depok totaling 258 students. The data collection method used a modified Likert scale. The results of the instrument quality test showed that the instrument showed that the constructed instrument was valid and reliable. From the results of the data analysis, the coefficient (r) between self-confidence and social adjustment was 0.484 with $p < 0.05$, so it can be concluded that there is a significant relationship between self-confidence and social adjustment in adolescents of class XI SMA Negeri 4 Depok.

Keywords: Social Adjustment of Adolescents, Self-Confidence of Adolescents.