THE RELATIONSHIP BETWEEN PEER SUPPORT AND PUBLIC SPEAKING ANXIETY IN HIGH SCHOOL STUDENTS

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ABSTRACT

Islamic boarding schools have many activities, one of which is da'wah activities. In this activity, there are students at high school and equivalent levels who feel anxious when preaching in public, this phenomenon is called public speaking anxiety. In this case, peer support for Santri is very important. This study aims to determine whether there is a relationship between peer support and public speaking anxiety. This research is correlational with non-experimental methods. The sampling technique was purposive sampling with subjects as many as 100 students at high school and equivalent levels in Islamic boarding schools who had da'wah activities. Two Likert model measurement scales: a peer support scale based on aspects proposed by Solomon (2004) and a public speaking anxiety scale based on components proposed by Rogers (2008). The reliability coefficient of the peer support scale is $(\alpha) = 0.918$ and the public speaking anxiety scale is $(\alpha) = 0.944$. The correlation technique for this research is Pearson Product Moment. The correlation coefficient obtained was r=-0.358 with a probability of 0.000 (p<0.01). The results of the research show that the hypothesis is accepted, meaning that there is a significant positive relationship between peer support and public speaking anxiety in high school and equivalent students at Islamic boarding schools. More students experience low peer support at 54% and more students experience high public speaking anxiety at 54%. Santri help their friends more even though they don't get help from their friends. More students experience anxiety when preaching because they feel afraid and inadequate. More female students experience anxiety when preaching than male students.

Keywords: Peer Support, Public Speaking Anxiety, Santri, Senior High School.