

MARITAL ADJUSTMENT OF PARENTS OF CHILDREN WITH SPECIAL NEEDS

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ABSTRACT

Purpose: The main goal of this study is to compare marital adjustment among parents of children with special needs and parents of children with normal development.

Methodology: The research sample is purposefully selected and divided into two groups (15 parents of children with special needs and 15 parents of children with normal development). Both groups of parents are from Gostivar, North Macedonia. MAT questionnaire, consisting of 15 items, is applied.

Result: It resulted with reliability coefficient Alpha Cronbach 0.71. The t-test results ($t(30) = 3.32$; $p < 0.05$), show that there are statistically significant differences concerning the marital adjustment among parents of children with special needs and parents of children with normal development. Moreover, based on ANOVA with $\text{sig} = 0.01$, statistically significant differences were found regarding the educational level of parents with children with special needs and those of children with normal development.

Keywords: marital adjustment, parents of children with special needs, parents' education, parents of children with normal development.