

SELF MANAGEMENT EFFORTS FOR WORKING STUDENTS

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ABSTRACT

This study investigated two particular points: the effectiveness of students' self-management in lecture activities, and the techniques used by students who work while studying to effectively manage their activities. This study used a qualitative approach. Data and information were acquired using a descriptive methodology. The subjects of the research are active students from Bangka Regency. Data collection is conducted in a continuous process using methods such as observation, structured interviews, and documentation. Data analysis is performed by data reduction, data display, and data verification. The data is then presented utilizing narrative methods, which include using the evidence to support a theory. The findings derived from this study are as follows: 1) First, the self-management efforts of students are directed towards lecture activities through the development of self-management, specifically self-motivation that fosters interests and desires, facilitates concentration, hinders external influence, stimulates a desire for progress, and sustains long-term engagement in activities. Moreover, self-organization encompasses the effort to arrange and control all aspects related to thoughts, time, location, objects, and other resources that facilitate the development of self-management. Individual will be more successful and efficient if all components are systematically arranged. In contrast, self-development and self-control are associated with behavior and are also forms of self-management that essentially transform the individual in a positive direction by modifying, increasing, or decreasing behavior in order to assist others in attaining their objectives. 2) Second, a variety of activity-organizing mechanisms for working students. In this instance, they organize their work and study schedules, maintain their physical health, manage their leisure time, finances, and other aspects of their daily lives.

Keywords: Self-Management, Self-Motivation, Self-Organization, Working Students.