

CASE STUDY OF RESILIENCE IN MOTHERS WHO HAVE BLIND CHILDREN AT THE CAHAYA BATHIN SOCIAL INSTITUTION FOR THE BLIND, JAKARTA

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ABSTRACT

A mother who is pregnant certainly hopes that the child will be born healthy and perfect. In reality, not all children are born according to their parents' hopes and dreams. If a child is born blind, it is not uncommon for this condition to make the mother disappointed, sad and feel guilty. Resilience is needed in mothers who have blind children so that mothers are able to survive when faced with stressful situations (adversity). Resilience is an individual's ability to bounce back from situations that make him emotionally stressed and find and do positive things to help him adapt even in difficult and stressful situations. The aim of this research is to look at the resilience of a mother who has a blind child. This research uses a qualitative method with a case study type approach. Data collection uses interviews, observation and documentation. The respondents in this study were three mothers aged 20 to 40 years who had blind children. From the research results, it can be concluded that the first and third subjects have the resilience sources I have, I am and I can with the resilience characteristics of insight, independence, relationships, initiative, creativity, humor and morality. Meanwhile, the second subject has the resilience sources I have, I am and I can with characteristics of resilience without independence.

Keywords: Resilience, Blind.