

THE RELATIONSHIP OF TAWADHU WITH PSYCHOLOGICAL WELL-BEING IN TEACHERS WHO TEACH IN ISLAMIC BASED SCHOOLS IN SIAK SRI INDRAPURA

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ABSTRACT

Islamic psychology is very interesting to study, one of which is the nature of tawadhu. Tawadhu is a quality of humility. This study aims to determine the relationship between tawadhu and Psychological Well-being in teachers who teach Islamic-based schools. The sample of this study is 150 teachers who teach Islamic-based schools in Siak Sri Indrapura. The data collection process uses the tawadhu scale developed by the researcher himself and the Psychological Well-being scale developed by Carol Ryff (1989) and has been adapted by Tengku Nila Fadhlia. The sampling technique used in this study was simple random sampling with 105 subjects. While the statistical analysis used in this study is using SPSS version 22.0 for windows. The results showed that there was a significant positive relationship between tawadhu and Psychological Well Being with a value of $p = 0.000$ ($p < 0.05$) and the correlation value obtained was $(R) 0.555$. The contribution value given is $R^2 0.308$, which means 30.8%. This shows that the size of the relationship between tawadhu and Psychological Well-being in teachers who teach Islamic-based schools in Siak Sri Indrapura is 30.8%. Based on this, the hypothesis in this study is accepted.

Keywords: Tawadhu, Psychological Well-Being.