

THE RELATIONSHIP OF EMOTIONAL INTELLIGENCE AND PARENTING PATTERNS WITH THE TENDENCY OF AGGRESSIVE BEHAVIOR IN CLASS XI STUDENTS SMKN 34 JAKARTA

Diniar Resthika Ningrum¹ & Ema Ria Yulianis²
email : diniar89@gmail.com¹, yulianiser@gmail.com²
Faculty of Psychology

Program Study Masters of Psychology Profession
Persada Indonesia University Y.A.I. Street Jakarta **Indonesia**

ABSTRACT

Adolescents in the era of globalization sometimes find it difficult to differentiate between good and bad things. Rapid social changes as a consequence of modernization have resulted in increasingly aggressive adolescent behavior. Apart from that, the lack of parental role has an impact in educating teenagers so that they can grow into individuals who have low emotional intelligence and tend to be aggressive. The purpose of this research is to determine the relationship between emotional intelligence and the tendency to aggressive behavior, to determine the relationship between parenting patterns and the tendency to aggressive behavior, and to determine the relationship between emotional intelligence and parenting patterns and the tendency to aggressive behavior in class XI students at SMKN 34 Jakarta. The population in this study was class XI students at SMKN 34 Jakarta, totaling 187 students. The sampling method in this research used proportional random sampling. In accordance with the Morgan table, the research sample was 127 students. The measuring instruments used in the research were the aggressive behavior tendencies scale, the emotional intelligence scale, and the parenting style scale. The results of the research show that there is a significant relationship between emotional intelligence and the tendency to aggressive behavior ($r = - 0.337$), there is a significant relationship between parenting patterns and the tendency to aggressive behavior ($r = 0.613$), and there is a relationship between emotional intelligence and parenting patterns and the tendency to aggressive behavior ($p=0.000$). The conclusion in this research is that there is a relationship between emotional intelligence and parenting patterns and the tendency for aggressive behavior in class XI students at SMKN 34 Jakarta.

Keywords: Emotional Intelligence, Parenting Patterns, Aggressive Behavior.