

THE RELATIONSHIP BETWEEN COPING STRATEGIES AND SOCIAL SUPPORT WITH PSYCHOLOGICAL WELL-BEING AMONG ADOLESCENTS IN NURUL IMAN CINERE ORPHANAGE, DEPOK

Windy Dwi Lestari

Faculty of Psychology
Master of Program Study
Psychology Professional
(PSMPP)
University of Persada Indonesia
Y.A.I Jakarta
INDONESIA
Windydl04@gmail.com

Alloysius Hanung Rumekso

Faculty of Psychology
Master of Program Study
Psychology Professional
(PSMPP)
University of Persada
Indonesia Y.A.I Jakarta
INDONESIA
Alloysiushanungr@gmail.com

Eryanda Fajariah

Faculty of Psychology
Master of Program Study
Psychology Professional
(PSMPP)
University of Persada
Indonesia Y.A.I Jakarta
INDONESIA
Eryandafajar@gmail.com

ABSTRACT

As the future generation of our nation, adolescents are expected to overcome even the simplest challenges in their lives, such as accepting themselves as they are. By doing so, adolescents can achieve psychological well-being. One of the factors that influence psychological well-being is an individual's ability to solve problems through coping strategies. Additionally, psychological well-being is also influenced by external factors, namely social support. This research aims to determine the relationship between coping strategies, social support, and psychological well-being among adolescents in Nurul Iman Cinere Orphanage, Depok. The sampling technique used in this study was non-probability sampling with a saturated sample size of 42 adolescents. Data analysis was conducted using Pearson's Product Moment correlation in SPSS 22.0 for Windows. The analysis revealed a correlation coefficient (r) of 0.671, indicating a significant relationship between coping strategies, social support, and psychological well-being. The analysis of the coping strategies variable with psychological well-being yielded a correlation coefficient (r) of 0.743, indicating a relationship between coping strategies and psychological well-being. Similarly, the analysis of the social support variable with psychological well-being yielded a correlation coefficient (r) of 0.667, indicating a positive relationship between social support and psychological well-being.

Keywords: Coping strategies, social support, psychological well-being, adolescents, orphanage.