

DESCRIPTION OF ANXIETY AND STRESS IN PSYCHOLOGY STUDENTS AT STATE UNIVERSITY JAKARTA CLASS OF 2011 MEDIUM THESIS

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ABSTRACT

This research aims to identify depression anxiety and stress on undergraduate psychology student of Jakarta State University at the year of entrance in 2011 who are doing their undergraduate thesis as the final task. This research was conducted from February until July 2015. The method research is quantitative descriptive. The data was collected by using questionnaire with DASS 42 Scale. Determination for populated and sample using purposive sampling technique. The result of this research is show how depression, anxiety and stress on university student at the moment of doing their undergraduate thesis. This research found undergraduate psychology student of Jakarta State university at the year of entrance in 2011 encounter low depression equal to 75,5%, low anxiety equal to 71,5% middle stress equal to 60,2%.

Keywords: Stress, Depression and Anxiety.