

THE RELATIONSHIP BETWEEN ASSERTIVE BEHAVIOR AND PUBLIC SPEAKING ANXIETY IN PSYCHOLOGY STUDENTS PERSADA UNIVERSITY OF INDONESIA Y.A.I JAKARTA

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ABSTRACT

This research was conducted on student of Psychology University Persada Indonesia Y.A.I Jakarta. This study aimed to see whether there is a relationship between assertive behavior with public speaking anxiety. The hypothesis is there is a negative relationship between assertive behavior with public speaking anxiety, meaning that the higher the assertive behavior, the lower the anxiety of public speaking to students, as well as conversely the lower the assertive behavior, the higher the anxiety of public speaking the student. The population is the entire class of 2018 Student of Psychology at the University Persada Indonesia Y.A.I Jakarta, amounting to 106 people. The technique of making purposive sampling technique where the sampling is done only on the basis of research that considers the desired elements existing in the members of the samples taken (Nasution, 2003). Based on the characteristics of the sample, the number of students that can be used as the study sample were as many as 89 students from the class of 2018 Student of Psychology University Persada Indonesia Y.A.I Jakarta, students who experience anxiety when speaking in public and is still active in the lecture or not being in While past studies Stop (BSS). Measuring instruments used is Assertive Behavior Scale and Scale Public Speaking Anxiety the researchers set up based on the theory proposed by Jay (2007) and Colhoun and Acocela (in Safaria and Saputra, 2009). Method of data analysis used to test the hypothesis in this study is to use the Pearson product moment correlation showed that $(r) = -0.265$ with a value of $(p) = 0.012$ ($p < 0.05$), meaning that there is a relationship with a negative and significant direction between assertive behavior with public speaking anxiety. Means that the research hypothesis is accepted.

Keywords: Assertive Behavior, Public Speaking Anxiety.