

## EMOTIONAL EXPERIENCES OF DEBAR REGION PARENTS DURING THE PERIOD OF DIAGNOSING THEIR CHILDREN WITH SPECIAL NEEDS

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### ABSTRACT

The qualitative method was the research method used in this study as the most appropriate to the purpose, objectives, and research questions of the study. The purpose of this study is to examine the emotional experiences of parents when diagnosing their children with special needs. What emotions did the parents experience when their children with special needs were diagnosed? Was the research questions of this study. The sample in this paper consists of 13 respondents, citizens of Debar parents of children with special needs. The interviewed sample consisted of 10 Mothers and 3 Fathers. Results: that 61.5% of parents have experienced excessive anger, 30% have reported a lot of anger and 7.7% have experienced a normal level of anger; while 46.1% have experienced excessive pain, and 53.8% have experienced a lot of pain; likewise, 53.8% have reported excessive fear, while 38.4% a lot of fear; excessive frustration is reported by 38.4% of the parents, while a lot of frustration by 23%. Regarding the level of denial of the information about their children, 61.5% of parents report a high level of denial, while an excessive level of denial was reported by 30.7%. As of loneliness, 53.8% of parents have felt very lonely, 23% have reported excessive loneliness, and 15.3% have felt a little lonely in the period of diagnosing their children.

**Keywords:** Special needs, parents experiences, diagnosis.