

## MENTAL OF CHILDREN IN DISHARMONY FAMILY (STUDY IN BOTOSENGON, DEMPET DISTRICT, DEMAK DISTRICT, CENTRAL JAVA)

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### ABSTRACT

This research is motivated by the mentality of children in families of disharmony, parents maintain and nurture children's mentality so that they can be formed properly, for example, children are desperate and children are disappointed, but the reality on the ground in general is that children experience mental disorders as a result of family disharmony. It can be seen from their daily behavior like crying in the room, likes to be angry and easily offended then this aspect comes from the mentality of the child who wants to examine what is the mentality of the child in a disharmony family, the problem faced is that the family does not match, the child's mentality will be disturbed as a result of the family, in this study so that The family no longer fights, is in harmony and harmony. With the aim of knowing the general description of family disharmony and the factors that cause mental disharmony in children in a family of disharmony in Botosengon, Dempet District, Demak Regency, Central Java. This research is a qualitative field research with a descriptive method, namely by describing the object of research as it should. The data collection methods used are observation, interviews which are then processed using verbatim and then analyzed. Based on the research conducted, it can be seen that the mentality of children in a family of disharmony in Botosengon, Dempet Subdistrict is disturbed because children often see their parents fighting and there is no compatibility in the family so that children are often alone in their rooms and have difficulty getting along with their peers, children often play alone, children are disappointed because they do not get attention from parents, children become like that and children are often angry for no reason to other people and their own parents, children are sad because children's grades in school decline and often do not go to class as a result of families who do not pay attention to children the family is busy with their own business so the child becomes neglected and does not pay attention to his school lessons.

**Keywords:** Mental Children, Family Disharmony.

### PRELIMINARY

Every household longs for a harmonious and disharmonious family in the family lately, this is a very warm and actual issue. (Geldard, 2011) this issue has paid much attention to not only academics, but also humanitarian activists, child protection commissions, non-governmental organizations (NGOs) on women and also the government. This disharmony does not only occur as a quarrel between husband and wife, but often physical and psychological violence occurs. If this problem is allowed to drag on, it does not only occur in the relationship between husband and wife, but is further and very dangerous for the personality development of the children who are raised in the family. (Ismaya, 2015).

Family life is built on belief (religion) in Allah and social integration based on important responsibilities towards individuals and society in general. The family is the first social environment where people live and interact and have a big influence on the mental development of children. The family is also the first educational environment, so the family plays an important role in fostering children to determine their future. (Pujosuwarna, 2015).

Wilis (2019) A disharmony family will be very vulnerable to fights and conflicts caused by several factors, such as unstable emotions, emptiness of soul, which can lead to fading of affection in the family. Furthermore, family disharmony results in back and forth souls that lead to conflicts between fellow family members, this will lead to incompatibilities between fellow family members (Surya, 2020). Bakri (2015) Disputes among family members will cause quarrels, both among parents and between parents and children. Families that are full of fights and conflicts will show a real influence on the personality and happiness of children, because the turbulent atmosphere will prevent them from the parental love they so need.

As the Word of God in Surah An-Nisaa '4:9

وَلِيَخْشَ الَّذِينَ لَوْ تَرَكَوْا مِنْ خَلْفِهِمْ ذُرِّيَّةً ضِعْفًا خَافُوا عَلَيْهِمْ فَلْيَتَّقُوا  
اللَّهَ وَلْيَقُولُوا قَوْلًا سَدِيدًا

*Meaning: And fear Allah those who should leave. Behind them are weak children, whom they worry about (their welfare). Therefore, let them fear Allah and let them speak the right words (Ministry of Religion of the Republic of Indonesia, 2002: 101).*

From the verse above, it can be used as the basis that a child's mental weakness depends on family harmony. In a disharmony family, it causes mental weakness of children, what is meant by mentally weak children are children who are weak in thinking or have not been able to distinguish between good and bad. For example, when he does something he does not think about the positive and negative impacts that occur on him. (Shihab, 2017). As an initial observation that the author made on the first disharmony family on July 3, 2022, precisely in Botosengon, Dempet District, it appears that the family often fights between husband and wife, resulting in a hot and noisy atmosphere in the family because of the loss of trust in their partner so that suspicion arises which results in the loss of respect and respect between husband and wife it also has an impact on the mentality of the child which is shown by not obeying what parents say, likes to be alone (Observation, Demak 3/7/2022).

On July 4, 2022, the author continues to observe the second disharmony family. In a family of course there are disputes between husband and wife, because of incompatibility and differences of opinion, because of the selfish nature of each of them this causes children to have phobias with their parents, children fight against their parents, like to fight with friends, vent their anger on objects or things. people who are innocent and do not listen to their parents' advice, this is a form of children's angry attitude towards their parents (Observation, Demak 4/7/2022). Based on the interview on July 5, 2022 that the author conducted, it is known that children leave home because children feel they do not get peace at home because their parents are often noisy so that children feel uncomfortable at home and children claim to be stressed at home (Interview, Demak, 5/ 7/2022). From the results of the author's observations and interviews with the object being studied, it can be concluded that the child's mentality is disturbed as a result of family disharmony.

## METHOD

This research is a field research (field research using a qualitative approach which is a method to find out specifically and realistically about what is happening at one time in the midst of people's lives. Qualitative research is research that intends to understand the phenomenon of what is experienced by the subject) research (Moleong, 2016).

To collect data by revealing data and describing events or phenomena that occur in the field as they are. As stated by Bungin (2015), based on empirical experience and the need for something, there are three common qualitative research formats today, namely descriptive, verification and grounded research designs. This research was conducted not only to find out what happened, but also to find out the meaning behind the events (Sugiyono, 2014).

This study talks a lot about how the mentality of children in families is disharmony in Botosengon, Dempet District, Demak Regency, Central Java then the suitable method used is qualitative research methods.

## RESULTS AND DISCUSSION

Analysis of data on children's emotions in disharmony families in Botosengon, Dempet sub-district. Subject 1 From the results of the interview, it was found that the emotions of children in disharmony families in Parak Karakah, Kubu Dalam Parak Karakah Village, Padang Timur District, children like to be angry without cause to others for reasons that are not clear, reinforced by the observation results obtained that children's emotions in the family disharmony in parak karakah, sub-district of Kubu in parak karakah, sub-district of Padang Timur, children often play alone, find it difficult to get along with their peers and like to think alone. Subject 2 from the interview that the child does not like to be in the house because his parents always fight and the child does not get peace of being in the house, it can be seen from the researcher's observation that the child was told by his parents to buy something needed at the shop the child did not want to go instead denied it to him. their parents, children often misbehave with their friends, children like to lock themselves in a room alone.

The researcher also conducted interviews on the subject of premier children of disharmony families. Based on the results of the above interview with informant B, it can be concluded that it can be seen that the informant's parents really do not care about the informant, it can be seen from the informant's words that their parents only care about their affairs without paying attention to the informant, and the informant looks very disappointed with both the old man. Secondary sources, researchers also conducted interviews by answering that the informants used to be good children and were not dissidents, the informants became stubborn and difficult to manage since the occurrence of family disharmony.

## CONCLUSION

Based on the research that the researcher did about Mental Children in Disharmonious Families (Study in Botosengon, Dempet District, Demak Regency, Central Java). So the researchers specializing in children's emotions concluded that:

### 1. Children are afraid of disharmony in a family

Children are desperate in a disharmony family because children often see their parents fighting and there is no compatibility in the family so that children are often alone in the

room, and have difficulty getting along with peers, the child often plays alone and lacks love from his parents, the child feels jealous with friends who have harmonious families.

Children are disappointed in disharmony families

Children in disharmony families are often disappointed because children do not get enough attention from their parents, so children become like that and children are often angry for no reason to other people or their own parents, it is because children are disappointed in their parents who have problems in their family and children do not care about them. what happens at home and outside the home is caused by his family.

## 2. Sad child in disharmony family

Sad children in disharmony families, children's grades at school decline and often do not go to grades. As a result of the family no one paying attention to the child, and the family is busy with their own business, the child becomes neglected and does not pay attention to his school lessons, the child is indifferent to his studies and school because his parents do not ask about the child's lessons or problems related activities.

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