

EXTRAVERSION AND NEUROTICISM IN BIG FIVE PERSONALITY WITH HAPPINESS TO STUDENTS

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ABSTRACT

Happiness is the property and dream of everyone, including students. The purpose of this study was to examine the relationship between Extraversion and Neuroticism in the Big Five Personality and happiness in college students. This research is a quantitative research that uses a sampling technique in the form of accidental sampling and uses a data collection method in the form of a questionnaire. Data were collected using the Oxford Happiness Questionnaire and the Big Five Inventory. Based on the results of the analysis obtained from 370 respondents, the correlation coefficient between extraversion and happiness has $r = 0.593$ and the correlation coefficient between neuroticism and happiness has $r = -0.603$ with each significant value of 0.000 ($p < 0.01$). These results indicate that there is a positive relationship between extraversion and happiness and a very significant negative relationship between neuroticism and happiness in college students.

Keywords: Big Five Personality, Extraversion, Neuroticism, Student Happiness.