

IMPACT OF WORK FROM HOME ON LONELINESS DURING THE COVID-19 PANDEMIC IN DKI JAKARTA

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ABSTRACT

Coronavirus (CoV) or Covid-19 is a disease that attacks the respiratory system, where the first case was found in Wuhan City, China at the end of December 2019. One of the efforts that can be done to reduce the spread of Covid-19 is by implementing Work from Home. The application of WFH in the long term certainly disrupts economic stability, besides that it has another impact on human psychology, namely the emergence of feelings of loneliness (loneliness) as a side effect of the lack of direct socialization with closest friends, especially at work. After distributing questionnaires to a sample of 375 respondents using the Purposive Sampling technique, which was then analyzed with Simple Regression, it resulted in the conclusion that there was an effect of WFH on Loneliness during the Covid-19 Pandemic in DKI Jakarta.

Keywords: Work from Home, Loneliness.