

AN EMPIRICAL STUDY OF THE RELATIONSHIP OF INDIVIDUAL WITH DYNAMIC CHARACTERISTICS AS A VALUE TO HEALTH

Isakova Mu'azam Tulkinovna
Fergana State University
Associate Professor of Psychology
Candidate of psychological sciences

ABSTRACT

The article identifies the individual's attitude to health as a value with individual dynamic characteristics, specificities in the psychomotor, intellectual and communicative field from the age of 20 to 60 and above. Also, based on the results of the scientific research conducted by the author, conclusions on the problem are given.

Keywords: Health, individual dynamic property, value, psychomotor sphere, intellectual sphere, communicative sphere, cognitive, emotional, behavioral, motivational-valued.