

THE EFFECTIVENESS OF GROUP COUNSELING ABILITY POTENTIAL RESPONSE AND LIVE MODELING TECHNIQUES TO INCREASE SELF EFFICACY ADAPTABILITY OF CAREER CHOICE

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ABSTRACT

Self-efficacy adaptability of career choice is an interesting discussion for every individual, while adolescence is an important period in making career decisions. The importance of individuals having self-efficacy, adaptability of career choices will affect their career life in the future. This study used a randomized pretest-posttest comparison group design. The subjects of this study were 24 students who were divided into three experimental groups. The data collection instrument used the self-efficacy Scale of career choice adaptability. The results showed that group counseling with the ability potential response technique, live modeling, and the combination of the two techniques were effective in increasing the self-efficacy of students' career choices and group counseling combined with the ability potential response and live modeling techniques proved to be more effective than the live modeling and ability potential response groups. to increase the self-efficacy adaptability of students' career choices with a group average score of 165.63 or 89.52% in the very high category. Further discussion is addressed in this study.

Keywords: Ability potential response, live modeling, self efficacy adaptability of career choice.