

REGULATORY DESCRIPTION OF EMOTIONS IN EARLY MARRIED COUPLES IN SOUTHEAST MINAHASA

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ABSTRACT

Underage marriage is carried out by adolescents who have not reached the ripe age for marriage. Couples who are married under age are expected to respond positively to the emotional effects that arise when experiencing conflicts in the household, namely through emotional regulation. Emotion regulation is the way individuals influence the emotions they have, when they feel them, and how they experience or express those emotions. This study used a qualitative research method on 3 pairs of husband and wife who married underage due to pregnancy outside of marriage. This study uses interviews and observations in collecting data. The results of this study indicate that the emergence of negative emotions in household life is due to economic problems, alcohol and in-laws.

Keywords: Emotional Regulation, Early Marriage.