

YOUNG PEOPLE ARE HIGHLY SPIRITUAL THE ROLE OF EASTERN VALUES IN EDUCATION

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ABSTRACT

The article deals with the role of oriental values in educating young people, the role of national and oriental values and their effective use in educating the younger generation as mature, harmonious, patriotic and highly spiritual.

Keywords: Youth, spirituality, peace, personality, society, family, morality, attention.

*"Nothing in great history goes unnoticed.
It is preserved in the blood of nations, in the historical memory
and practical work. "*
Sh.Mirziyoev.

INTRODUCTION, LITERATURE REVIEW AND DISCUSSION

We are the children of the East. No matter where you go in the East, when people meet each other, they first say, "Assalamu alaykum." You know very well that this word is taken from Arabic and means "Peace be upon you." The word "peace" occurs 40 times in the Qur'an. One of the verses of this Bible says, "The word 'peace' is spoken by the Merciful Lord in the sense of applauding people."

It is obvious that the idea of peace, harmony, cooperation is an idea that is pleasing to both Allah and His servants.

As in any society, in our society there are advanced ideas that protect the interests of each individual and the whole nation, unite them, ensure peace and prosperity of the country, the level of understanding of which determines the principles of development of this society. In this sense, morality and conviction in a person can be recognized as a socio-psychological factor and conditions that provide such a healthy worldview, deep thinking, the essence of which from an early age in the family environment, within its values, parental prestige, knowledge, role model Under the influence of quality they have psychological significance to absorb into the consciousness. Because the family is a unique place that has preserved and demonstrated folk traditions, national customs and traditions for centuries. Therefore, the President of the Republic Sh.M.Mirziyoev pays great attention to the family and its traditions, our national values, emphasizing that the strength of the family, the proper upbringing of the younger generation, first of all plays an important role in forming independent thinking, healthy beliefs and deep worldview. they describe the system of views that constitutes it as the ideology of the nation.

After gaining its independence, Uzbekistan has created favorable conditions for the restoration of our centuries-old cultural and spiritual heritage, national values, the realization in the minds of every citizen of a great future, infinite love for the Motherland, devotion and interest in their

work, thereby inculcating the idea of family and marriage. conditions begin to emerge. The creative work carried out in the country, the radical reforms, confidence in the great future of our country, understanding the essence of the sacred concepts of peace and prosperity of the country, and the role of the family in inculcating them in the minds of citizens, especially the younger generation. the task of studying the conditions that nurture faith in adolescents remains a pressing issue.

Bringing up young people in a comprehensive and harmonious way and educating them in line with modern requirements is one of the most pressing and global issues of our time. "We need to bring up and bring up a healthy generation," said our first president IA Karimov. The problem of educating young people, their formation as a harmoniously developed person, is considered in each country as one of the main issues of its time. In our country, this area has always been considered a priority.

Historically, in the holy book of Zoroastrians - "Avesto" and in the works of our great ancestors - Abu Nasr Farobi, Abu Rayhan Beruni, Abu Ali Ibn Sino, Alisher Navoi, the issue of family and national values has played a key role in the development of high moral qualities. It is known that the Uzbek family preserves our centuries-old spiritual values and traditions, customs and traditions, spiritual-enlightenment, cultural heritage.

The heritage of our great thinkers and ancestors plays an important role in shaping a healthy lifestyle, respect for national and universal values in the hearts and minds of young people. After all, in the works of our scientists, who have dedicated their lives and potential to understanding the true meaning of life, a special place is given to issues related to the upbringing of a healthy generation. In their works, Eastern scholars focused on the problems of upbringing and educating children, leading them to enlightenment and culture. Great thinkers have emphasized that the upbringing of children is a lofty virtue that leads to human perfection. In particular, the collection of hadiths of al-Adab al-mufrad by Imam Bukhari, the works of Abu Lays Samarkandi "Tanbehul ghafiliyn" glorify the development of high human qualities in children. In their works, the scholars of our country emphasize the importance of parents who hope for the beautiful manners of their children, to regularly acquaint them with the following aspects of manners, which are the basis of good manners:

- Make sure your child is sweet, gentle, calm and humble in dealing with people;
- Sharing people's joys, caring for their sorrows, not betraying their property, calling them to goodness and turning them away from evil are among the virtues of good manners. So seek to instill these qualities in your child from childhood;
- Remind your child that it is impolite to gossip about others, to ignore others, to treat them according to their reputation, wealth or position; - In dealing with adults and teachers, do not look them in the eye, listen to them quietly, answer only their questions, and follow their orders sincerely.

Man and human relations, the individual and his perfection have been one of the main issues in the focus of the most advanced people of society, scientists, great scholars and sages for centuries. Abu Nasir Faroobi, Abu Rayhan Beruni, Abu Ali ibn Sino, Yusuf Khas Hajib, Kaykovus, Hotam ibn Toy, Alisher Navoi, Zahiriddin Muhammad Babur, Rizouddin ibn Fakhridin, Muqimiy, Furqat, Zavqi, Uvaysi, Nodira, Abdurauf Fitrat, Abdullah Avloni an account of the wise thoughts of the eastern thinkers about the family is given.

In the East, the inculcation of national values in the minds and hearts of children begins with the family.

"Speaking of the family, we must first acknowledge that the family is the center of education that ensures the eternity of life, the continuity of generations, the preservation of our sacred traditions, and the direct impact on future generations."

From ancient times, our people have paid great attention to the education of children in the family. Consequently, it is an indisputable fact that the independence and stability of the state and society are directly related to this issue. That is why the upbringing of children and youth, especially the formation of high spiritual and moral factors in them, is one of the most important and priority tasks of society in all times and places.

It is no coincidence that our great enlightened ancestor Abdullah Avloni said, "A good upbringing for the health and happiness of a child is to keep the body clean, to correct the profession from an early age, to teach good manners, to protect and nurture bad manners." The spiritual and moral upbringing of children is formed, first of all, in the family.

It is aimed at preparing young people for family life, ensuring the right of the child to live and raise a family in a healthy lifestyle, increase the role and place of the family in the upbringing of a harmoniously developed generation, strengthening spiritual and moral values in families.

The family is a sacred place where all human qualities, good intentions, values, which are formed in the mind from the earliest childhood, are perfected and healthy beliefs are formed. The creation of a spiritual and moral environment in this sacred place and the upbringing of a person as a healthy believer, a new thinker, a harmoniously developed person is a matter of national importance for Uzbekistan in the current period of reforms.

After all, the preparation of young people for family life through the formation of belief in our national values, including family traditions, unique images and customs, is one of the effective means of increasing the effectiveness of spiritual and educational work.

It should be noted that a clear understanding of the socio-psychological factors and conditions that ensure the inculcation in the minds of young people of concepts related to healthy beliefs and worldviews through family traditions, customs and traditions is a very important and important task.

The child needs to know, not only to know, but also to inculcate in his heart the meaning of the values of the world, its mysteries, family and marriage, family and human relations. But it is during this period of development that heresies and misconceptions, harmful habits and skills can be formed that confuse his mind. In this regard, the health of the family environment, the conformity of its ancient values to the principles of national and universal spirituality, serves as a basis for the development of a healthy outlook and family qualities in every boy and girl. The socio-psychological conditions in the family that serve this process - the conditions and means - have not been studied independently in a special way, the existing theoretical views are not based on empirical materials. Indeed, in the spirit of the formation of ideological immunity in young people, especially adolescents, against alien ideas, institutions contrary to the norms of social behavior, the correct perception of the most advanced and mobilizing ideas, the sacred role of the family in society and its connection with the motherland. upbringing is essentially a socio-psychological and pedagogical problem.

Nowadays, the problem of moral upbringing of young people under the influence of the family and the age-old values preserved in it is the subject of many theoretical and empirical research.

Indeed, such an approach is in line with the philosophical and ideological views of past scholars, the teachings of the family and family upbringing.

In addition, the role of moral education in the family in the upbringing of spiritually mature, physically healthy children is enormous. The traditions and values of our people in the field of moral and ethical education have been formed and developed over the centuries. Pre-Islamic moral values, Islamic traditions, wise sayings of great thinkers, rituals, customs, rules of conduct and behavior expressed in the folklore were the basis for moral education in the family.

As society develops and the role and importance of spiritual factors in social development increases, so does the focus on family upbringing. Indeed, the family, especially the Uzbek family, has been and will remain a sacred place for centuries in the upbringing of the younger generation, in the upbringing of the perfect man. For the first time, the concept of homeland enters the mind, spirit and heart of a young child growing up as a tetapoya, and throughout his life and life, it becomes more and more refined and meaningful.

This process takes place in a healthy family environment, through the teachings of the ancestors, the example of the father, the love of the mother, the love of the brothers and sisters. A person's spirituality, worldview, thinking, beliefs, faith are formed, first of all, in the family. It is no coincidence that the first teacher of the Chinese people compared the Confucius family to a small state. The ancient Greek philosophers also praised the role of the family in maintaining the unity and peace of society, in raising a harmoniously developed generation.

The great encyclopedist Aristotle describes the family as the "house of happiness." At the heart of a physically healthy and spiritually rich family is the most honorable task in the development of the younger generation. High morality, human qualities, patriotism, pride and love for the Motherland, cultivating responsibility for its happiness and prosperity, the spirit of hatred against destructive ideas, bad manners first sprouts in the family.

The morality and behavior formed in the family then develops in the neighborhood, in labor unions, in educational institutions and is absorbed into the mind and heart of the individual. The role of Uzbek families in raising a harmoniously developed generation is enormous. Here, national traditions formed over the centuries, mutual cooperation and respect of parents and children, helping each other, keeping the requirements of family cleanliness, become the basis for the spirituality and morality of the younger generation. The basic concepts and rules of cultural life, customs, rituals, rituals of our people are preserved as a stronghold and passed down from generation to generation.

It is difficult to imagine the national values of any nation without its history, spirituality, culture, unique customs and traditions. "When we say value, we mean a set of natural and social blessings and events that serve the interests and goals of nations, peoples and social groups that are important to man and humanity and are valued and valued by them."

Far from the above situations, it is expedient to know, study and apply in life the moral, spiritual, cultural values inherited from our ancestors in the formation of relations as in the pamphlet. In this regard, Yusuf Khas Hajib said, "There are two organs that are very important for a person: one is the tongue and the other is the heart. The tongue is given for the word, and the heart, and the soul for the enjoyment of this word," said the parents and young people, who speak beautifully, beautifully, spiritually mature, high it helps them to have manners and knowledge.

In today's process of globalization in our country, great importance is attached to the education of young people on the basis of national values, high intelligence and patriotism. Abdurauf Fitrat in his book "Family" emphasizes the need to pay attention to the upbringing of children, emphasizing that "teach children to be deep and serious in their attention and minds ... so that they do not jump to conclusions about what they see."

In conclusion, we must inculcate in our children the human qualities and national values formed over the centuries in order to bring up the younger generation without flaws and shortcomings, to bring them up as a harmoniously developed generation living for the development of their homeland, people and family. Thus, the upbringing of the younger generation as a harmoniously developed person has come up as a topical issue today. This is done mainly in the family, then in school educational institutions. Such upbringing is not only a requirement of today, but has been practiced by our ancestors since ancient times and is becoming more and more important today.

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