USE OF NATIONAL MOVING IN ORGANIZATIONAL SPORTS HOLIDAYS

Turkmenov Farrukh Nuritdinovich

Senior Lecturer, Department of Physical Culture, Bukhara Engineering- Technological Institute, Bukhara UZBEKISTAN

ABSTRACT

This article discusses the great holidays and national traditions held in our country, as well as the importance of national sports games, which are among the values.

Keywords: Traditional holidays, values, national games, events, sports, youth education.