

GENDER DISTINCTION IN ALEXITHYMIA AMONG GRADUATION STUDENTS OF PAKISTAN

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ABSTRACT

The current research was focused on exploring the gender difference in Alexithymia among Graduation Students of Pakistan. Participants of (N=200) students men (n=100) and women (n=100) selected from poles apart academic organization in Faisalabad city of Punjab, Pakistan. TAS 20 item (Bagby, Parker, & Taylor, 1994) was used to measure Alexithymia. An independent sample t-test was used for statistical analysis. The results of this study supported the findings of earlier studies which indicated a significant gender difference in Alexithymia. It was concluded that men experience high level of Alexithymia as compared to women. Implications of these findings and suggestions for future researches are discussed.

Keywords: Alexithymia; Gender difference; Graduation Students; Pakistan; t-test.