

STUDY OF FORMATION OF INTERESTS AND NEEDS OF STUDENTS FOR PHYSICAL CULTURE AND HEALTH-IMPROVING CLASSES

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ABSTRACT

The article discusses the organization and conduct of mass sports among students. The work presents the results of the questionnaire, which allow to identify the interests and needs of students for physical education and sports. The data obtained can be used by specialists in physical education of universities to organize and conduct mass sports among students.

Keywords: Physical culture and sport, student sports, interests and needs.