

THE METHODS FOR DEVELOPMENT OF PHYSICAL QUALITIES IN CHILDREN WITH VISUAL DISABILITY

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ABSTRACT

This article examines the cases of lagging behind the development of agility physical qualities in visually impaired children and the major problems of their development. The level of physical quality of agility reveals the order of its restoration and training, the stages and the peculiarities of the methodology. Different indicators of training from traditional training were studied on the basis of studies.

Keywords: Features of visual impairment, degree of mastering, recovery, mutual adaptation of movements, physical exertion, loss of complications, physical and mental abilities, development, stages of mental retardation, stylistics.