

## MEASUREMENT OF PERSONALITY TYPE AND ITS FEATURES

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### ABSTRACT

This article discusses the issues of determining predispositions, psychological type of person using Myers-Briggs typological questionnaire (MBTI). This questionnaire allows reducing the processing time information and rapid use of the obtained data on the main characteristics of the person. In result occurs optimization of process of psychological consultation. Since the MBTI questionnaire is used for the first time in the Uzbek cultural environment, the nature of its application and the content of the evaluation scales are explained. The main purpose of the article is to give users of the survey a holistic view of it. It was also possible to substantiate its wide range of possibilities by clearly indicating the areas of application of the survey.

**Keywords:** Questionnaire MBTI, psychological type, predisposition, receive information, the decision, the characteristic, interaction with the external world.