

COUNSELLING NEEDS OF ADOLESCENTS WITH SICKLE CELL ANAEMIA IN PORT HARCOURT METROPOLIS, RIVERS STATE, NIGERIA

Nwachukwu Konye

Department of Educational Psychology, Guidance and Counselling
Faculty of Education, Ignatius Ajuru University of Education
Rumuolumeni, Port Harcourt, **NIGERIA**
Konye.nwachukwu@yahoo.com

ABSTRACT

The study investigated counselling needs of adolescents with sickle cell anemia in Port Harcourt Metropolis, Rivers State, Nigeria. The study adopted descriptive survey research. One research question and three null hypotheses are stated to guide the study. The population consisted of 26 adolescents with sickle cell anemia in the area. The sample of the study comprised 26 adolescents with sickle cell anemia drawn through census sampling technique. The instrument for data collection was designed by the researcher and titled “Counselling Needs Questionnaire (CNQ)”. The instrument was validated by three experts in Counselling. The reliability of the instrument was determined through Cronbach alpha and the instrument yielded a reliability coefficient of 0.68. Mean and standard deviation was used in answering the research question while three null hypotheses were tested using independent t-test at 0.05 level of significance. The study observed that there are various counselling needs for adolescents with sickle cell anemia. However, there was no significant difference between the counselling needs of male and female adolescents with sickle cell anemia. In addition, there was no significant difference between the counselling needs of adolescents with sickle cell anemia from educated and uneducated families and high and low socio-economic background. Based on the findings of the study, recommendations were stated.

Keywords: Sickle Cell Anaemia, Counselling needs, Adolescents, Nigeria.