

## ABOUT PROGNOSTIC VALUE OF INDICATORS OF MOTOR ABILITIES IN YOUNG GYMNASTES

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### ABSTRACT

In this article, an attempt is made to determine the level of interconnection and mutual influence of anthropometric indicators with motor fitness in the age aspect. Particular attention is paid to the problem of the significance of the studied factors and the growth of the special preparedness of young gymnasts.

**Keywords:** Longitudinal observation, correlation, physical qualities, physical fitness, anthropometric indicators, integral indicators.