

## SPIRITUAL ACTIVITIES IN STUDENTS IN THE PROCESS OF EXTRA CURRICULAR ACTIVITIES

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### ABSTRACT

To understand spirituality, one must first understand and comprehend man. Spirituality is an important tool for determining a person's socio-economic, political and cultural views. Spirituality is an invincible force that affects the human mind, directs its worldview and way of thinking in a certain direction.

**Keywords:** Education, reform, upbringing, spirituality, student, lesson, extracurricular activities, circle, development, spiritual and moral education, event, tradition, tradition, spiritual heritage.

### INTRODUCTION, LITERATURE REVIEW AND DISCUSSION

Spirituality is the incomparable power that purifies a person spiritually, invigorates his soul, strengthens his inner world, strengthens his will, unites his faith, awakens his conscience, and is the criterion of all his views.

It is worthwhile to analyze in depth all the factors and criteria that shape and influence our spirituality today, and to better understand their role in this regard. Of course, the spirituality of any people or nation cannot be imagined without its history, unique customs and traditions, vital values. Of course, the spiritual heritage, cultural riches, ancient historical monuments are one of the most important factors in this regard. The international community recognizes that our ancient and beautiful land is one of the cradles not only of the East, but also of world civilization. No great people, scholars, politicians, and commanders have emerged from this sacred land, and secular and religious sciences, especially those related to Islam, have become an integral part of universal civilization and culture. It gives us great pride and pride that the services of the great scholars who have matured are incomparable. [1]

According to the Law of the Republic of Uzbekistan "On Education", education is a purposeful process in the interests of man, society and the state. Education is the process of organizing and sustaining communication that creates learning. Thus, education is primarily a relative result of the educational process, which is reflected in the formation of systems of knowledge, learning and skills in students, as well as the process of education, self-education, the process of influence, ie the formation of the human image. : the basis is not the volume of knowledge, but its personal qualities, the combination of their knowledge with the study of independent management. Teaching is a type of teaching, a special activity of a teacher aimed at imparting a set of knowledge, teaching and skills to students and educating them in the process of teaching. The education system is a system of rules (principles) that define the content, form and methods of education, the basic sequence, from simple to complex.

Continuing education is a lifelong learning process. Continuing education is defined as the fact that its development is not complete, it is divided into several stages, which are gradually connected, each stage allows you to move to a new, higher level. "Continuing education is the

basis for the training of qualified and competitive personnel, which includes all types of education, state educational standards, the structure of the training system and its operating environment: science - training and use of highly qualified specialists, developers of advanced pedagogical and information technologies; Production is the main customer that determines the need for personnel, as well as the requirements for the quality and level of their training, a participant in the process of financial and logistical support of the training system "[2].

"The current state of spiritual and educational work is not satisfactory. That is to say, our propaganda work is often limited, it does not reach the broadest stages of life, and it is dangerous to reach the minds of some inexperienced young people. To do this, it is necessary to create in all educational institutions a variety of organizations and clubs that raise the awareness of students, engage them in positive work and educational activities. To achieve this goal, in cooperation with the social sciences and humanities in pedagogy and psychology: the development of family ideology and the mechanism of its formation, the development of a comprehensive program for the formation of the spirituality of students, the national program of spiritual and ideological education development of the concept of national education, formation of students in the spirit of national ideas, ideology, self-awareness, values, creation of scientific-practical systems of national ideological struggle, development and reflection of all strata of our people the development of propaganda mechanisms, the creation of a new scientific and philosophical education of the national spiritual idea, the methodological support of the activities of the councils. The theory and methodology of national education and the system of student youth associations, the official position on spirituality, the development of professional professions, student youth associations and the forms of content of their system and activities. The historical roots of religious fanaticism, its current state and the theoretical foundations of the struggle against it also depend on the upbringing of a harmoniously developed generation. We need to be aware of the difficult struggle in the minds of our people. calls for the development of a national action plan for human rights. It is the study of the characteristics of the formation of new worldviews and new thinking in philosophy, history, cultural studies, political science, sociology and other disciplines, the rapid implementation of the results, the analysis of the process of national identity, the strategy and techniques of ideological struggle. requires the development of forms.

The Law "On Education" and the "National Program of Personnel Training" adopted at the IX session of the Oliy Majlis of the Republic of Uzbekistan in August 1997 are historically important documents aimed at providing qualified and free-thinking, spiritually competent personnel. The system of continuing education has been restructured: secondary schools, secondary vocational schools, higher education institutions have been reorganized in accordance with modern requirements and the needs and interests of the national economy of our country. Many universities, new types of colleges and lyceums have been built. Of the national economy; new fields, specialties, directions in various fields have been created. State educational standards have been re-established for all subjects related to the system of continuing education. All curricula, textbooks and manuals are being redesigned in accordance with the requirements of state educational standards. At all levels of the system of continuing education, the work on professional development and retraining of teachers is carried out on a large scale and consistently. Rebuilding the country on a democratic basis and improving the spiritual and moral environment in society is a multifaceted process. The role and importance of education systems in this is, of course, enormous. The "Soviet man", deprived of the worries of everyday life, almost alienated from the national-historical values, customs and ancient traditions, unable to think and act in a narrow specialty, deprived of free and creative thinking to change the mind and worldview, to instill in the heart and soul the light of national and

universal values, to create the necessary conditions for it to function at the level of today's evolving cultural world, free and progressive thinkers. and large-scale tasks. First of all, it is necessary to train highly qualified specialists who will fully meet the requirements of the new era. From this point of view, the ideological and theoretical basis of the proposed measures in the field of education is closely linked with the idea of national independence.

Spirituality is the positive social qualities of a person, the useful knowledge he acquires (regardless of the type of knowledge), which, as a result of repetition in his life, penetrates the soul through the stages of skills and abilities and becomes his way of life. So, since knowledge is the basis of spirituality, we can enumerate the types of spirituality according to their types. These include religious spirituality, morality and ethics, scientific knowledge of the world, technical spirituality, professional spirituality and others. Because morality and ethics form the highest layer of human social nature, some people think of spirituality as the reflection of one's knowledge of morality and ethics in one's way of life. It is a narrow understanding of spirituality. [3].

Spirituality is an invincible force that affects the human mind, directs its worldview and way of thinking in a certain direction. Spirituality is based on the general concepts of society, nation's spiritual, cultural and material foundations, traditions, values, way of life, ideas and views. Historical memory has a special role in the formation of human spirituality. If a nation forgets who it is, it is a great disaster for that nation. If the violent and aggressive forces of the world want to subjugate, subjugate, and seize the wealth of any nation or country, they must first disarm it, that is, their national values, history, and culture, which are their greatest wealth. tries to lose his temper. A nation that has lost its identity is always doomed to slavery. Deep knowledge of the history of one's people and country, constant study of it, preservation of the rich heritage of our ancestors, continuing the good deeds of our ancestors, learning from the past, objective assessment of historical events, correct understanding of their consequences the mind is the content of human life. Without a historical memory, a person cannot understand the essence of the social changes taking place in his life and can not imagine the future. Therefore, if every member of society knows his past well, such people will not be influenced by different beliefs. History lessons teach a person to be vigilant and strengthen his will. The main characteristics that determine the basis and meaning of spirituality are the spiritual purification of a person and the growth of the soul. [4]

To understand spirituality, one must first understand and comprehend man. Spirituality is instilled in the human mind over the years through mother's milk, family upbringing, ancestral teachings, a sense of homeland, and sometimes bitter and sometimes joyful lessons of life. In particular, closeness to nature, people, constant thinking of the good, honest work, enjoyment of the incomparable blessings and beauties of the world nourish and strengthen spirituality. The main factors that shape spirituality are spiritual heritage, cultural riches, and ancient historical monuments. At the same time, the development of science and its role in the formation of human spirituality is important. Raising a well-rounded child is unimaginable without a combination of community, family, and education. These are the main criteria in the formation of human spirituality.

In conclusion, it can be said that in the process of extracurricular activities, students are constantly learning about spirituality, and in the spiritual life, as in practical life, they develop and achieve success. So spirituality is an important tool for determining a person's socio-economic, political and cultural views.

## REFERENCES

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