

PREFERENCES OF USING INNOVATIVE PEDAGOGICAL TECHNOLOGIES IN IMPROVING THE QUALITY OF PHYSICAL EDUCATION IN HIGHER EDUCATION INSTITUTIONS

D. Kh. Abdullaev

Jizzakh SPI, associate Professor of the
Department Physical training and sport
42 Abdulla Meliev str, Oratepalik mahalla, Jizzakh city

ABSTRACT

This article discusses benefits of using innovative pedagogical technologies in the promotion of physical education and sporting events in higher education institutions and little specificity of the interactive method.

Keywords: Innovative pedagogical technologies, interactive method: verbal, unpronounceable, visual, audio, physical culture.

INTRODUCTION, LITERATURE REVIEW AND DISCUSSION

As the First President of the Republic of Uzbekistan I. Karimov said. "The foundation of our future lies in educational institutions, in other words, the future of our people depends on how our children receive education and upbringing," "It is necessary to radically improve the content of the educational process" [1,61]. These priorities are strengthening the material and technical base and the information base of educational institutions of the country; providing the educational process with high-quality educational literature and advanced pedagogical technologies; Collaboration between higher education institutions and world leading higher education institutions allows teachers to develop their pedagogical skills.

President of the Republic of Uzbekistan June 5, 2018 "On additional measures to ensure the quality of education in higher education institutions and their active participation in large-scale reforms in the country" Decision PD-3775, including "Increasing the participation and initiative of higher education institutions in large-scale reforms in the country" Monitoring of teachers' knowledge and pedagogical skills the task was defined [2,19]. In the Concept of Development of Higher Education of the Republic of Uzbekistan till 2030 "Due to the low level of foreign languages and information and communication technologies in teaching staff, their professional skills are falling behind the requirements of today" and is noted "Enhancing the quality of human resources training in humanitarian and pedagogical areas" functions are defined in [2,3].

The use of innovative pedagogical technologies in the methodology of organizing and conducting quality physical education classes is a modern requirement for the above-mentioned tasks for professors and teachers of higher educational institutions.

Currently, the following types of innovative pedagogical technologies exist:

- computer information technology;
- modular technology;
- multimedia technologies;
- interactive technologies;
- problematic technologies;
- programmable learning technology;

- technology of pedagogical games;
- management technology;
- authoring technology;
- technology of pedagogical cooperation.

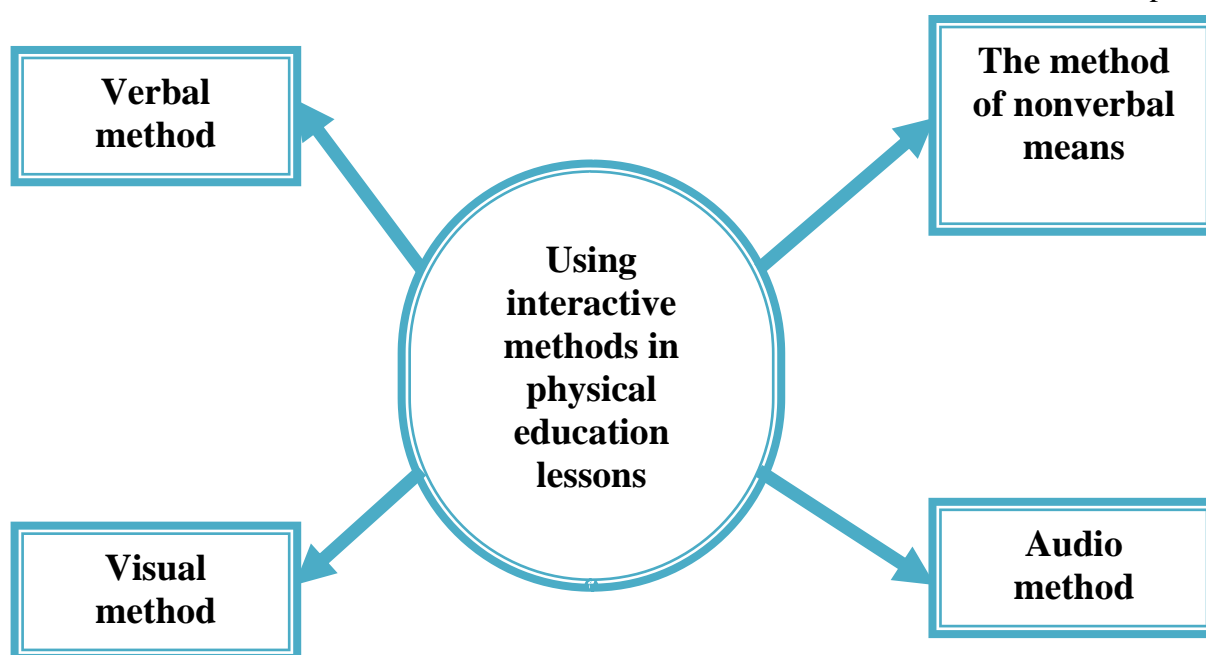
Each subject has its own characteristics, and the question arises as to whether advanced pedagogical technologies should be adapted to this subject or whether they should be adapted to advanced pedagogical technologies. However, as a result of mixing interactive methods with non-standard lessons, teachers will develop the concept of heterogeneity, which will lead to the problem of retraining and advanced training [4.67]. Among our scientists, Kh. Ibragimov, U. Yuldashev and Kh. Bobobirzaev divide classes into three types:

- standard lessons;
- non-standard lessons;
- lessons on interactive methods are recommended [4,68-89].

The Republic of Uzbekistan the Law on Physical Culture and Sports the task is to assist in the development and implementation of modern forms and methods of physical education for students and students, including the development of scientifically sound systems for integrating sports skills into their gender and age. [5,9]

We recommend teachers of physical education to use interactive methods of pedagogical technologies in order to fulfill some of the above-stated tasks in the field. This will give the physical education classes, sports activities, competitions and leisure activities a priority for the organization of sports activities and activities (Graph 1).

Graph 1.



We will highlight some of the interactive methods used in our research experiments during the 2017-2018 academic year:

Verbal (lot.verbalrs - oral, communication) - method - speech, lecture with a group or individually, question-answer, presentation. We recommend that you use this lesson in the introduction, when introducing new lessons, or in the final control that activates the lessons. This method takes about a minute for teachers and coaches during a basketball lesson or during a tournament to give basketball players a technique, a change in tactics, and much more.

Non-verbal (lot.noverbalrs) - expression of meaning, requirements, rules, expression, instruction, permission, permission, permission or correction of any movements, gestures, hands, fingers, head, legs and body, time, quality of movement or emphasize. Incorrect styles are the main tool for referees in basketball, volleyball, handball, football and hockey. Coaches, goalkeepers and team captains also use non-baseball techniques in football, handball and other sports. These tools are also used in other sports, both for participants and teachers.

Visual (lot.visuatis-visual perception, visual aids) include all the tools for students and athletes to see through educational technology. These include tables, figures, handouts, photographs, posters, videos, films, models, and more. Handouts give good results in the organization and conduct of national mobile games and provide students with opportunities for self-study. This method is the main tool in physical culture and sports activities and qualitatively realizes its goals and objectives.

Audio (lot.audire-hearing) - means of training information through listening, the correct implementation of physical exercises and visual analysis of competitions, as well as teaching methods, tactics and practices. In this style, it serves as a tape recorder, various discs, flash drives, PDAs and musical instruments. Audio is used as the main instrument in rhythmic and rhythmic exercises and competitions. Music lessons in physical education classes affect the psychology of students and give them the opportunity to learn faster.

The general conclusion is that the introduction of integration into other physical education subjects, including information and communication and innovative pedagogical technologies in educational institutions, has a powerful impact on the quality of education, and its modernization allows expanding opportunities for innovative training. It serves as an important tool for ensuring continuity and continuity in education.

Using the above innovative pedagogical technologies using interactive methods in physical education, physical education and sports in higher educational institutions will achieve the following results:

- improving the quality of physical education lessons;
- a significant increase in the physical education and physical development of students;
- students will be able to meet the requirements of current assessment, midterm and final assessments in the field of physical education;
- fulfill the requirements of the Alpomish and Barchina test;
- it is possible to choose (choose) students for sports;
- requirements for a healthy lifestyle;
- requirements for mass sports and increased interest;
- the formation of students' skills in studying the methodology of physical culture and sports in the family and personality;
- judging the skills of students in competitions in mass sports and in friendly matches.

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