

## ANALYSIS OF PSYCHOLOGICAL THEORY OF EMOTIONAL INTELLIGENCE

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### ABSTRACT

This article focuses on the analysis of psychological theories of emotional intelligence. The article also covers issues such as the study of emotional intelligence in Russian psychology and the analysis of foreign psychologists, the description of modern concepts of emotional intelligence, the interrelation of intellectual and affective experiences.

**Keywords:** Emotional, emotional intelligence, affect, communication, personality, cognitive processes, emotional consciousness, regulation, emotion control, communication perception, ability, thinking, interpersonal relationships, social perception.