

USAGE OF MOVING GAMES TO DEVELOP PHYSICAL SKILLS AND ABILITIES OF PRESCHOOL CHILDREN

Nuriddinova Muyassar Mukhiddinovna

Uzbekstane university of physical education and sport, 111709, Tashkent region, Chirchik city, Sportchilar street, 19

ABSTRACT

The methodology of conducting mobility games among pre-school children and the content of the mobility games used in the physical trainings are highlighted in this article.

Keywords: Pre-school children period, the physical development of child, skills and qualifications, mobility games.