

FACTORS RELATED WITH WORK FATIGUE IN TAILOR CONVECTION BUSINESS IN MAKASSAR CITY

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ABSTRACT

Work safety is an important thing that must be considered by the company, because it is closely related to the survival of workers. One of the K3 problems that can be a trigger for workplace accidents is fatigue. The purpose of this study was to know the determine the factors associated with work fatigue in Convection Business Tailors in Makassar City. These factors include age, nutritional status, years of service, workload and work attitude. This type of research is an observational analytic study with a cross sectional study (cross sectional) approach. The population in this study were all tailors in the CV. F4 Collection, CV. Gaya Baru, CV. Emerald and CV. Dahan Raya as many as 54 people. The sample in this study were 35 people. The sampling technique is using simple random sampling. Analysis of the data used is univariate and bivariate with chi-square test. The results obtained by variables associated with work fatigue are age ($p = 0.002$), nutritional status ($p = 0.030$), years of service ($p = 0.027$). While unrelated variables are workload ($p = 0.057$) and work attitude ($p = 0.652$). Workers are advised to stretch their body between work hours of approximately five minutes every two hours.

Keywords: Work safety, work fatigue, tailor.