

BARRIERS TO MENTAL HEALTH SERVICES AT THE PRIMARY HEALTH CENTER IN LUWU DISTRICT, SOUTH SULAWESI

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ABSTRACT

The basic mental health service system is organized integrated in general health services at the community Health centers and networks. Ironically the mental health service management system at the Community Health Center level is not a priority program, so the government's attention is still focused on referral facilities, which are hospitals that have psychiatric clinics. The research aims to identify mental health services at the community Health centers by looking at the inhibiting factors. This research is a qualitative research with a phenomenological approach. Data obtained by in-depth interviews, unstructured observation and documentation on 20 informants in the area of the Larompong Health Center in Luwu Regency, South Sulawesi. Content analysis is used to identify topics or categories in the data. The results show that the factor that inhibits mental health services in terms of users is the internalization of stigma. Stigma that comes from the sufferer and family are bad prejudice, guilt, anger and family shame. Whereas the inhibiting factor of mental health services in terms of service providers is the availability of insufficient human resources. It was concluded that people with mental disorders can behave not to use mental health services because the strength of the inhibiting factors is strong and the factors that support it remain or weaken. Community Health centers and health workers are advised to increase the provision of information and health education through counseling and mental health promotion to ODGJ families and communities in a programmatic manner in order to improve mental health services. The Regional Government and the Health Service are expected to carry out human resource development and education in the field of mental health.

Keywords: Inhibiting factors, mental disorders, mental health services, stigma internalization.