# FORMATION OF SELF-SERVICE SKILLS OF PRESCHOOL CHILDREN

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### **ABSTRACT**

Currently, the state requirements for the formation of self-service skills of preschool children are created and applied in practice. Work is carried out on the preparation of children for school in state preschool institutions, specialized preschool institutions, extracurricular institutions, various school preparation centers. In this regard, this article describes important recommendations that every family and society should know about the formation of self-service skills of preschool children.

**Keywords**: Healthy child, parent, adoration, social environment, society, education, upbringing.

# INTRODUCTION, LITERATURE REVIEW AND DISCUSSION

The growth rates of economic development of our country are highly recognized by the world community. At the same time, it is the result of large-scale reforms aimed at the development of Science, the reform of the educational sphere, the comprehensive support of scientific and innovative activities.

In particular, the fourth direction of the decree of the president of the Republic of Uzbekistan "on the strategy of actions for the further development of the Republic of Uzbekistan" on February 7, 2017 called "development of the social sphere" provides for such priority tasks as the implementation of measures for the improvement and further development of the quality of the higher education system.

Today, the most important requirements of our spiritual life are the integration of such concepts as independence, patriotism, loyalty into the minds of young people, the perfection of worthy children of the future buyouk state, and at the same time the emergence of ideological emptiness in their minds.

The goal of learning any training is to be able to do the same training independently of yourself. The use of interactive methods based on innovative approach in the formation of self-service skills of preschool children leads to the fact that the lessons are interesting and effective.

For this purpose, at all stages of the current educational system in our country, the use of material technical base and advanced forms of educational technologies corresponding to world standards is introduced. However, it can not be said that a deeper study of the laws of physical and psychological development of young people, the identification of their potential, manifested in the form of specific merit, abilities and abilities, as well as the individualization of educational processes depending on these opportunities, is organized at the level of modern requirements.

Preschool education is the primary type of continuous education system, and is organized on the basis of the requirements of the law of the Republic of Uzbekistan "educational maternity" and the "national program of Personnel Training". Giving children school-related knowledge begins at an early age. They begin to observe the surroundings with interest from birth, as they begin to grow up, they come to know what surrounds them, objects, natural phenomena that occur. Preschool education creates the necessary organizational, methodological, psychological, pedagogical conditions for the upbringing of healthy, comprehensively mature children.

The formation of self - service skills in the training of children with the support of effective use of additional resources in the transition of preschool children to training, auxiliary educational tools-visual weapons, various painting dissemination materials, technical means of teaching (tape recorder, laptop) can be further upgraded. In the process of training organized using such innovative technologies, self-service of children and their independent creative performance skills and skills will be improved.

Interactive methods such as "role-playing"," visual method"," cluster"," Sinkveyn " can be used in training. In addition, if such interesting information as a small poem on the topic, riddle, proverb or phrase, Say quickly is learned in the style of the game, the child will have an increased interest in training, an individual approach to it, as well as a strengthening of memory.

As for the application of educational technology on the basis of an innovative approach: the process of training, based on a technological approach, is based on a systematic - action approach to education and training, aimed at the child. The educator is the central owner of the educational process. It is very necessary to take into account the humanism of relations and the Earth, the refusal to force training, the stratification and individualization, the level of mental development of the general educator and the assimilation of this training by them.

At present, the preparation of preschool children for school requires the need to carry out on the basis of finding a new omillarni izlash, experience-testing. When preparing for school, an important role is played by the fact that children are mentally ready Garli, jismonan is healthy, can enter the, enrich the vocabulary (Reserve), have elementary mathematical concepts, prepare for the beginning of writing, know consolation about certain words. Especially the 3-6-year-old child needs a lot of information. In this regard, the problem of social justice is important for all children brought up in educational institutions.

At present, it is of immense importance for the formation of a child's personality to increase the chances of the child's skills, to expand his social ties.

See also [edit] adaptatio-adaptation)-the adaptation of the organism, for example, to the environment conditions of the members of the intuition, skills. In other words, it is the property of the organism to form adequate relations with the external environment.

The child does not have congenital forms of behavior and he or she adopts three main components that go into development in the social environment: the zone (thing-subjects, means of their use), the time (daily order) and the forms of treatment. So, from the birth of a child, his activity is regulated by the relationship "child-adult"-in the settings. In order for a social educator to determine the level of skills of children, it is necessary to rely on the following classification.

It should be said that the desire and study of labor begins with the first independent self-fulfilling actions. Every child uses the words "I myself", known to Khama, in which the first requirement to do something independently of himself was reflected. It is necessary to encourage the child to strive for independence from all sides.

It is okay if the shoes are not subject to children's hands, let the child wear it himself. It so happens that not at the same time in children, but in their parents, the child can not stand the patience to wait for the completion of any work. Against the whims of his son or daughter, they rush to help the child or to fulfill them for themselves. As a result, their first aspirations for independent behavior are extinguished.

They do not think about how it will be for a child without the habit of trying a cocktail in the future. Exactly in the independence of a small child, the first cocktail is born. It is known that the child aspires to independence, three to many difficulties in his own way, which makes it difficult to develop these qualities. Qat perseverance in the child to cope with difficulties, form. On the one hand, if the child is not independent in trifles and believes in others in the harp, then what kind of cocktail ticket cannot be the word. He does not accept reading as his own business, he expects help from the outside, it is difficult to teach him to prepare an independent lesson. If the school puts its requirements from the first day, above all the requirements for independence. Independence is determined by different requirements of preschool age in different stages in different forms. Small pre-school age endigina primary learns self-service.

It is good if a 3-4-year-old child learns to sit quietly around the table, spread out in order, correctly use a napkin. The issue is on the shelf of the primary self-service parent cocktail. The main thing is that the child learns in order. Here he takes off his independent clothes, shoes, puts them in place, you will no longer remind him of putting toys and books in place. He now feels the mess himself, crates the toy he left yesterday, raises what you dropped.

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