

MUSIC SPIRITUAL EDUCATION OF STUDENTS AT THE INFLUENCE OF ART

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ABSTRACT

Article deals with the issue of importance of musics in the spiritual education of a person, its influence on the spiritual and physical state of a person. Also given the examples from the teachings of the educators of the East and West, describing the therapeutic properties of music.

Keywords: Music, rhythm, song, music therapy, Shashmak, Ushshok, Farobiy, illness, influence.

INTRODUCTION, LITERATURE REVIEW AND DISCUSSION

Music is a spiritual tool that leads people to the world of good deeds. Music gives inner peace of mind along with the upbringing of a person's tastes, imagination and feelings. Sometimes the mind also awakens, alleles the rhythms of the Botany, which are incapable of understanding.

"In this so – called divine miracle of music, such an incarnation of magic was mentioned that there is no need for an interpreter to understand it, to feel its influence. A person can not imagine his life without music. Music folks do not choose. The colors are crispy when it is not visible. It would not be an exaggeration to say that it is a divine power that can simultaneously affect the psyche of a person. Through music and singing it is possible to evoke noble feelings in the hearts of people. Music is not only a reflection of the emotional experiences, thoughts of mankind, but also an inspirational feed in this regard, the revival in its contemporaries, that is, aesthetic uplift, is of great importance. At the heart of each person lies a divine feeling inherent in music, and they are radically different from each other. Good music affects the soul's soul and plays an important role in its spiritual nourishment and purification.

Music is a great discovery of mankind, a song is a means of spiritual communication of its own kind.

Feelings, imagination and senses, which can not be described in the pen, as described in the word, find their expression in the anthills. It moves from the heart to the hearts, from the hands to the hands.

Music is so instrumental, it plays an important role in the education of students, has a direct impact on the spiritual world of Man, form the worldview of the listener.

At the same time, it satisfies the spiritual needs of a person, enriches his feelings. In the life of a person, the song always has its place, its function – it is not woven into a pastime, not enthusiastic, not heard from idleness: the song inspired people to live, to struggle, to Labor, to love, ointment to the grief of four, to share the joy of happiness. It is from this that the song is considered the expression of people's dreams, the mirror of the people's psyche.

The influence of music on the human body is written in many sources. This is also mentioned in the section dedicated to the music of the great scientist Abu Ali ibn Sina's work "Ashsh-Shifa".

"One of the things that affects the members of the intuition is the sound, which is characterized by a special liking. The human soul takes a rest from every pleasant Nag" is called in the game.

In several parts of the scientist's book "Medical Law", music is even recommended to mental patients as a "healing program". There is information that Ibn Sina has given patients the choice of music suitable for a stroke. Also, Abu Nasr Forabi's "great book on music" ("Kitabul musiqa al-Kabir"), Abu Ali ibn Sina's "Book Of Healing" ("The Book ash-Shifa", this book has a special section on Music), "Book Of Salvation" ("Kitabul najat"), "Book Of Wisdom", Al-Khwarizmi's "key to knowledge" ("Mafatihul ulum"), Sayfuddin Urmawi's "book on Majesty", "Book of Honor", Abdurahman Jami's "treatise on music", Najmiddin Kavkabi Buhari's "Risolai musicals", Darveshali Changi's "Tuxfat us-surur", In his works, such as "Risolai musicals", valuable information about music and its influence on the human mind and body is written.

When it comes to the influence of music on human spirituality, there is no way to remember the Great Eastern thinker Forobi. Forobi (873 – 950), along with being an encyclopedic scientist, was also a great musician. His activity in the field of music science is not only limited to theoretical views, but also a practical expression. There are a lot of legends about forobi's creation of a musical instrument that was a novelty for his time, he was known as a musician and composer. In his work "the Big Book About Music", forobi divides music into three types.

In his opinion, the same music gives a person a lot of pleasure, while the second one provokes passions, fervor, and, finally, the third kind of music, which, in some way, fills the Mind, forces thinking, contemplation. Thus, Forabi predicted the stages of the development of music, its influence on the human soul in this or that case, giving spiritual nourishment, inspiring it to good deeds, being able to sympathize with a person in joy and sorrow, and, finally, music can call a person to struggle for the realization of great deeds.

Ancient" Shashmakom "tunes, as well as when the"Ushshaks" sounded, a person forgets about his grief, his soul rises, and his soul begins to be full of joy. It seems that the fur is eating a delicious "delicacy". In fact, it is known from historical sources that musical medicine developed in Movarounnahr in the X-XI century. The famous Bukharian muhaddis Kalobadi expresses in his time the influence of music on the human psyche in this way:

"Look at the horse-mounts, when a man sings to him in the stalled chog, he lifted from the power of heaven ("heaven" – the divine cry, which is accepted by hearing) and carried the load again to a much greater place. Look at the child, crying in a swing, when his mother tells him alla, from the power of heaven he will rest and fall asleep. Many devoans are treated with Heaven, until they recover and return to their senses...I'm sorry "

The features of the influence of statuses on the psyche of a person have been repeatedly studied by many of our scientists in their works. For example, the status of" Ushshaq"," Nebo", motivates a person to enthusiasm and courage. And the Iraqi and Isfahan tunes give a good mood. The status of" Buzruk"," Zirafkand"," Rakhavi"," Zangula " symbolizes sadness, spiritual humiliation, sorrow. " Hicozi"," Hussaini " tunes are able to evoke both joy and sad mood in the listener.

Music can calm a person, rub or, conversely, irritate, irritate, irritate. Can also force to rejoice or cry. Someone has more of these possibilities of music, and someone uses them less.

As a result of the research of scientists from around the world, it was proved that music is not only mood-uplifting, refreshing, but also a cure for serious diseases.

In ancient Egypt and Greece, healers treated patients with different tones, as well as had extensive knowledge of its effects. Ancient Chinese healers believed that it is possible to cure any disease through music and even create a “musical recipe” that affects this or that organ.

In the northern regions of Russia, for example, Evenkia, Yakutia, Kalaversa, Laplandia and Alaska, the healers sang in a low voice the spells and prayers that repulse their disease in order to influence the action of the medicine, while the shamans drifted to them with a drum and a percussion sound.

In many countries it is customary to give children to music schools. This is done not so that the child grows up as a musician, but on the contrary, so that the child can understand music. Because in a child who is attached to music from the heart, first of all, the most beautiful qualities are formed, the child feels that he is approaching a large and invaluable wealth – a spiritual treasure. Also, the younger generation not only gets acquainted with the rich cultural heritage of our ancestors, but also feels the responsibility to bring this heritage to the future generation.

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