

PSYCHOSOCIAL INFLUENCE ON THE MENTAL HEALTH STATUS OF MILLENNIALS HEALTH WORKERS IN COMMUNITY HEALTH CENTERS IN GORONTALO CITY

Fauziah Wahyuningsi Ismail¹, Amran Razak¹, Stang²

¹ Department of Health Administration and Policy, Faculty of Public Health, Hasanuddin University, INDONESIA

² Department of Biostatistics, Faculty of Public Health, Hasanuddin University, INDONESIA

ABSTRACT

Mental health is someone who is free from tension and anxiety. This study aims to determine the psychosocial influence on the mental health status of millennial health workers in Community Health Center throughout Gorontalo City. This research uses quantitative research methods with a survey approach. The research sample of 116 millennial health workers spread in 10 Health centers throughout Gorontalo City. Data collection uses a questionnaire containing a mental health and psychosocial questionnaire. Data were analyzed by simple linear regression analysis through the SPSS for windows program. The results show that psychosocial had no effect on mental health status with a t-value of $0.615 > 0.05$. It is hoped that in future studies it is necessary to consider other factors that influence mental health.

Keywords: Psychosocial, mental health, millennial health workers.