

ACTUAL PROBLEMS OF THE TRAINING ABOUT PHYSICAL CULTURE AND SPORT OF TEACHING STAFF

Khudayberdiyeva Nodira Abduyakubovna

Teacher, Department of Physical Education, Theory of Sport and methodology,
Uzbek State University of Physical Culture and Sport, Chirchik, **REPUBLIC OF UZBEKISTAN**

ABSTRACT

In article conducting an analysis of actual problems in higher education system of teaching staff about physical culture and sport: problems of self-education, self-training and self-improvement, physical self-improvement of future teachers. In this article are considered sports and pedagogical staffs' conditions and principles of successful trainings. Also here are determined, the main directions of improvement professional staffs' trainings in the area of physical culture and sport, which demand for their effective realization of new approaches, based on integration theoretical and practical trainings.

KEYWORDS: Physical culture, sport, pedagogical staff, sport training, educational programs.

INTRODUCTION, LITERATURE REVIEW AND DISCUSSION

Realities of modern development of a society force to rethink anew importance of physical development in perfection of the person. Thereupon especially actual there is a question of preparation of the qualified pedagogical staffs in the field of physical culture and sports. Development professional competencies the future teacher, and development of the personal qualities promoting aspiration to constant self-development, introduction in career of the sports teacher, the trainer of innovative methods of work is necessary not simply. One more of the major parts of professional formation of the future of pedagogical staffs on physical culture and sports is formation pedagogical competencies. Level of a pedagogical professional training should be estimated not only volume and structure of knowledge, but also presence of abilities, that is practical realization in the concrete sports areas, the theoretical information saved up in the course of training

The system of preparation of the qualified pedagogical staffs in the field of physical culture and sports year from a year becomes complicated, however thus there are the problems demanding the decision. The analysis of the psychology-pedagogical literature [1] allows to allocate the basic problems of preparation of pedagogical staffs:

- Conformity of the purposes, problems and the pedagogical education maintenance to actual requirements of a society and the state;
- Presence of the teaching-methodical base corresponding to a modern level of development of innovations and technologies;
- Research of laws of formation of the subject of pedagogical influence as persons.

Different aspects problems of improvement of quality of preparation of pedagogical staffs in the field of physical training and sports are dictated by necessity of a choice of narrower direction for research and the decision of a part of problems. In the course of research activity we have come to conclusion, that somewhat weakness of pedagogical preparation of the future teachers of physical culture and sports is a consequence of insufficient study of the inter subject communications, insufficient fastening of the knowledge received in the course of training at

student teaching passage. As one of ways of improvement of quality of preparation of pedagogical staffs we see in perfection of programs of passage pedagogical an expert, a concrete definition of the purposes, problems and the practice maintenance at each grade level and increase in quantity of hours at direct work of the future teachers with a trained contingent. The main task should be directed on an establishment of the concertized purposes in the field of preparation of teachers of physical training and sports. The given problem for the higher sports educational an institution is especially actual. Staffs which are issued at present, have good sports preparation, but insufficient professionalism and self-organizing in the field of pedagogies.

Success of preparation of pedagogical staffs in the field of physical culture and sports dictates necessity of the active approach of knowledge trained in mastering and formation of skills [2]. The Important point thereupon is ability of the student to study - to be able to accumulate, systematize the information, to analyze its practical applicability, to do conclusions; to be able to plan and organize independent educational and practical pedagogical activity, showing sequence and a system of actions. In this connection at all stages of pedagogical preparation of the future trainers and sports teachers skills of self-education, self-preparation and self-improvement in professional work should develop. For this purpose in a basis of programs of training it is necessary to pawn principles of creative activity of trainees and personal responsibility for result.

In acquisition professional pedagogical компетенций it is necessary to do special accent in practice of work of the future sports teachers, trainers with a trained contingent. Being an indissoluble component of educational process, student teaching at schools, professional colleges, sports sections allows the future trainers-teachers to systematize the saved up theoretical material and to extrapolate it on use possibility in an objective reality. Problems of passage of student teaching by the future teachers of physical culture, sports trainers should become: formation of interest at to pedagogical activity, motivation to self-education in the chosen professional sphere; formation of professionally significant knowledge, abilities, skills, competencies; education of the personal qualities claimed in sports pedagogical activity; Formation of personal conviction in the importance of physical culture and sports for development of a healthy society and a role of sports trainers, teachers of physical training and sports in popularization of a healthy way of life; ability development to induce to social activity of pupils means of sports and fitness-improving work. During the decision of the specified problems of student teaching students clearly realize necessity of self-education, self-improvement for a sports and pedagogical field of activity, as is a student teaching main objective.

Besides, it is necessary to pay attention to possibility expansion to transfer and adopt experience of successful teachers during participation in scientifically-methodical conferences, master classes, seminars, in the research works forming skills of studying and the analysis of the facts, revealing of pedagogical problems and their decision.

REFERENCES

1. *Нескреба Т.А., Чернышев Д.А.* Отечественные и зарубежные подходы к формированию профессиональной готовности будущих бакалавров физической культуры в специализированных образовательных учреждениях физкультурно-спортивной направленности // Academy. 2017. № 3 (18). С. 72-78.

2. *Матназарова М.Б.* Общепедагогические принципы и их отражения в процессе развития профессиональной компетенции педагогических кадров в высших учебных учреждениях // Вестник науки и образования. 2018. № 17-2 (53). С. 40-43.