

## TO DEVELOP COORDINATION CAPACITY OF PRESCHOOL CHILDREN

Kholmurodov Laziz Zarifboyevich Uzbekistan State University of Physical Culture and Sports Chirchik, UZBEKISTAN

## **ABSTRACT**

This article presents scientific and methodological guidelines for the development of statistical equilibrium skills in preschoolers with the help of special exercises.

**Keywords:** Statistical equilibrium, coordination ability, individual characteristics, intensive development.