

## **ACTUAL PROBLEMS OF THE TRAINING ABOUT PHYSICAL CULTURE AND SPORT OF TEACHING STAFF**

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### **ABSTRACT**

In article conducting an analysis of actual problems in higher education system of teaching staff about physical culture and sport: problems of self-education, self-training and self-improvement, physical self-improvement of future teachers. In this article are considered sports and pedagogical staffs' conditions and principles of successful trainings. Also here are determined, the main directions of improvement professional staffs' trainings in the area of physical culture and sport, which demand for their effective realization of new approaches, based on integration theoretical and practical trainings.

**KEYWORDS:** Physical culture, sport, pedagogical staff, sport training, educational programs.