

## OPINIONS AND PRACTICES OF PREGNANT WOMEN ABOUT SEXUALITY DURING PREGNANCY

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### ABSTRACT

The paper deals with opinions and practices about sexuality during pregnancy of one hundred pregnant women in the region of Settat, Morocco. Comparison of sexual activity before and during pregnancy and identification of different factors influencing the sexuality of pregnant women have been reported. It has been found that sexuality is a taboo subject for 29% of surveyed pregnant women and discussing about it is uncomfortable for 14% of women. 89 % of respondents believed that it is possible to have sex during pregnancy, while 7% of women stopped having sex during pregnancy. Another significant result is that the spouse sexual desire doesn't changed according to 91% of participant, decreased for 8% and increased for 1% during the pregnancy period. 55% of participants considered sexual intercourse less satisfying. Sexual satisfaction has been found lower among multiparous versus primiparous. An unexpected increase in sexual satisfaction has been declared by 2% of women.

**Keywords:** Sexuality during pregnancy; sexual activity; pregnant women; factors influencing the sexuality; Sexual satisfaction.