

FEATURES OF DEVELOPMENT OF ABILITIES FOR SPORTS AND EDUCATIONAL ACTIVITIES

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ABSTRACT

The psychological peculiarity of sports and pedagogical activity lies in the fact that an effective teacher has a creative character, which is manifested in the possibility of independent choice and creation of new, non-standard ways of training athletes to achieve the desired goal. The article presents judgments on these issues.

Keywords: physical culture, sports and pedagogical activity, trainer-teacher, sports achievements, sports results.