

ANALYSIS OF INTERESTS AND MOTIVES OF STUDENTS TO ACTIVITIES BY EASTERN COMBATING AND BOXING

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ABSTRACT

In the article, the author, based on the results of the questionnaire and oral survey, identifies the driving factors for practicing martial arts and boxing, choosing a particular sports field, and also analyzes the relationship between the level of students' claims in sports and motivation.

Keywords: Martial arts, sport, boxing, choice, interests, motives.