

## SOCIAL PSYCHOLOGICAL CHARACTERISTICS OF EXTRAMARITAL RELATIONS

**Hasanboy Abdusamatov**

Teacher/ National University of Uzbekistan

**UZBEKISTAN**

independent.2017@inbox.ru

### ABSTRACT

This article aims to explain the socio-psychological features of barbarian relationships that lead to divorce in families. The article describes the causes of extramarital relations. Analyzed the degree of knowledge of this problem in the works of foreign scientists.

**Keywords:** Family, separation, divorce, remarriage, marriage, divorces, extramarital relations.

### INTRODUCTION

A family is the starting point of one's life, the smallest unit of society. Roots of love, respect and morals start in the family. This institute accepts you for everything that you are, loves you unconditionally, if someone makes mistakes, a family always looks for ways to correct them, there is no judgement. Family is always there for you - in good, and in bad times. You can always look to them for guidance, and you will always be there to provide them with advice, should they need it.

Family is a unit of interacting personalities, here is a child, grandchildren, great-grandchildren, the family is an opportunity to continue their descendants, it is a place of regular satisfaction of emotional, spiritual, organic and psychological needs of an individual, as a person sharing love and affection, a place of regular physical and spiritual relaxation, the family is a warm place where children are raised, when they are sick, or when they need help from others, they always take care of their closest ones with love [2].

It is a family that supports the life of our souls from the moment of our birth and only family reminisces us after life ends. In this sense, the family is a blessed place where people have their happiness, their dreams, their goals, their own perception of themselves as a person and the joy of life. [2,3].

Today we can see a number of reasons threatening this sacred institute. In the last 9 months of the 2018, within the country 23,827 families have divorced: 12,860 out of 23,827 family divorces occurred due to partner's out of marital relations and various misunderstandings in the family.

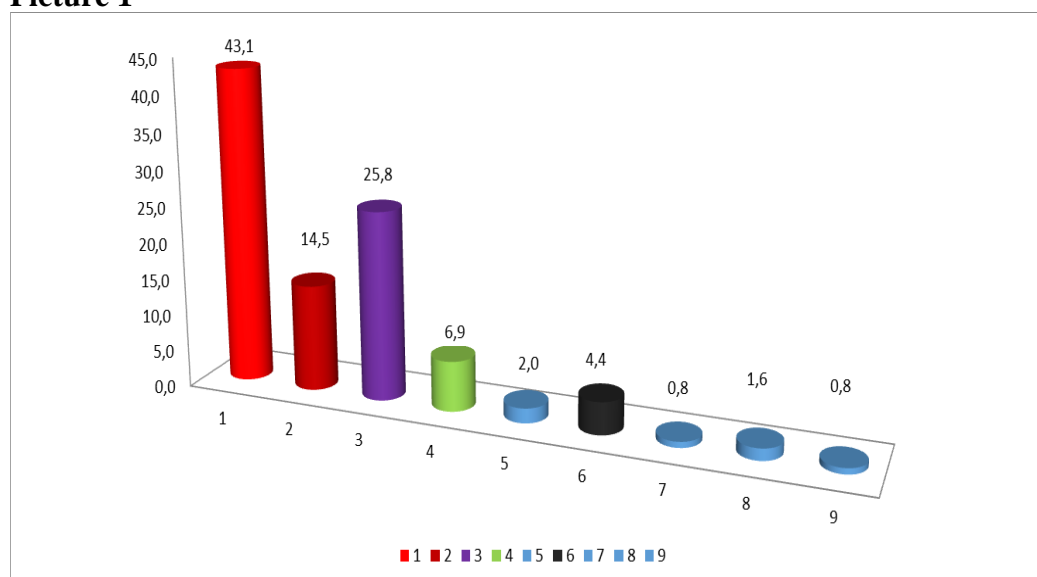
248 respondents were given a question: "What do you think, which factors lead to divorce of families and which factors make the partners to engage in extramarital relations?" Based on a conducted survey, the results of responses can be observed in the following table and graphs: (Table 1 and Picture 1)

Table 1

№	Assertion names	Quantity (in numbers)	Ratio (%)
1	Ignorance by husband or wife (the absence of attention)	107	43,1
2	Partner's cold attitude	36	14,5
3	Lack of love	64	25,8
4	Does not like sex with his/her partner	17	6,9
5	Does not want to practice sexual methods	5	2,0
6	Recall family misunderstandings and conflicts during a relationship	11	4,4
7	Due to the fact that he/she loves another one	2	0,8
8	Cruelty of husband toward his wife	4	1,6
9	Wife does not acquire enough experience	2	0,8

Respondents were asked “What factors can lead to the fact that the couple are coldly related to each other and what factors can influence the fact that the couple can enter into non-marital relations?” “The information about respondents’ answers can be observed below in Picture 1.

Picture 1



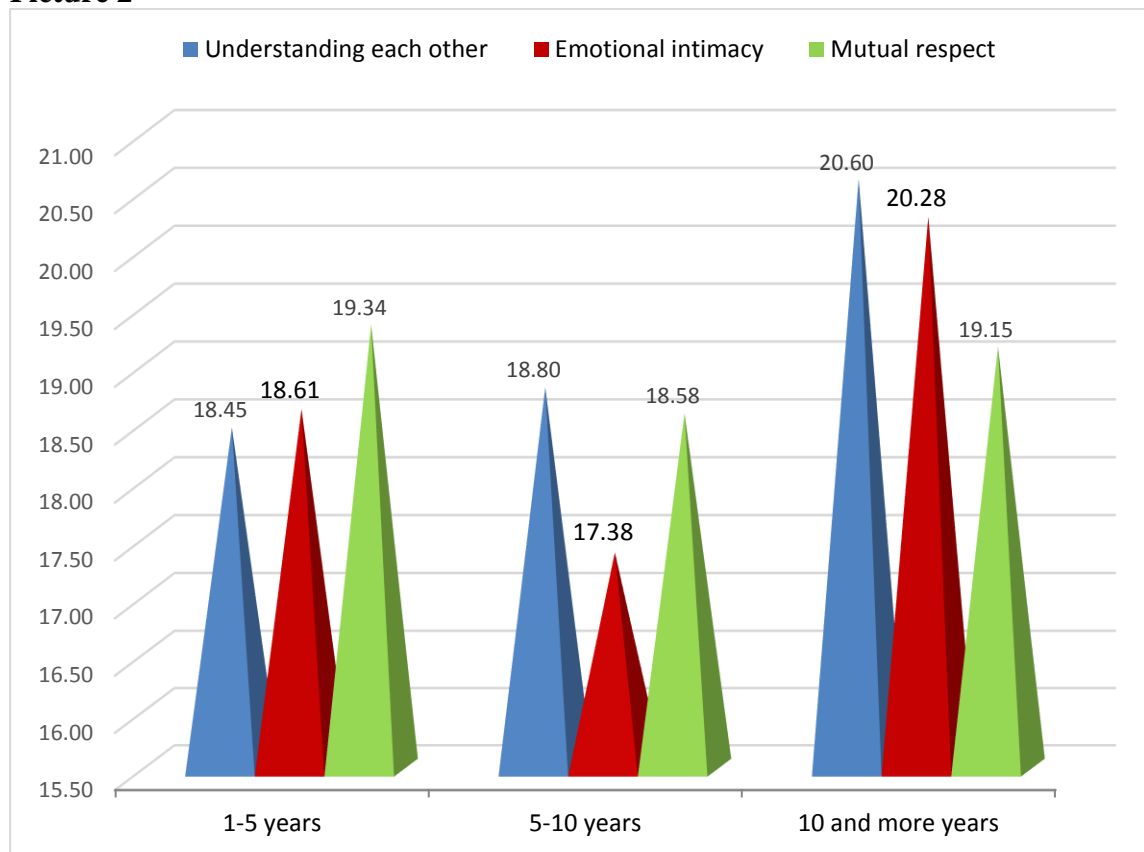
Based on survey it outcomes that respondents who answered “*ignorance by their partners*” indicated 43.1 percent, 25.8 percent of respondents indicated “*lack of love and cold relations*” are the reasons of couple to have non-marital relations.

It can be clearly comprehended that one of the foremost reasons for non-marital needs of a partner happens because of the fact that there is no emotional connection and mutual understanding between partners. As it can be seen from this observation, we have implemented the method of Understandings, Emotions and Authority by A. N. Volkova, who revealed the

factors of mutual understanding, emotional intimacy, mutual respect between couples, and obtained the following results which was shown in Picture 2.

### The result of age indicators of the Understandings, Emotions and Authority of A.N. Volkova methodology

Picture 2



**Explanation:** based on A.N. Volkova's methodical criteria average value indicated 15

Based on A.N. Volkova's method it can be observed that in Uzbek families *mutual respect* and *emotional intimacy* illustrated the following result: mutual respect indicated 20.6, emotional intimacy indicated 20.3 and "10 years or more". The results of Mutual Respect indicated 19.3, which is the highest arithmetic average in measuring "the couples who lived from 1 to 5 years together". The lowest result indicated 17.4, on the scale of emotional aspirations is observed in families living together "from 5 to 10 years".

From the above analyses, we can conclude that existence of dissonance between knowledge and skills in the sexual life of married couples can negatively affect their satisfactory relations with their marriages. In order to identify exact answer, respondents were given the question "What factors can influence the fact that the couple can engage in non-marital relations?" and the following criteria were set out in this question (Table 2).

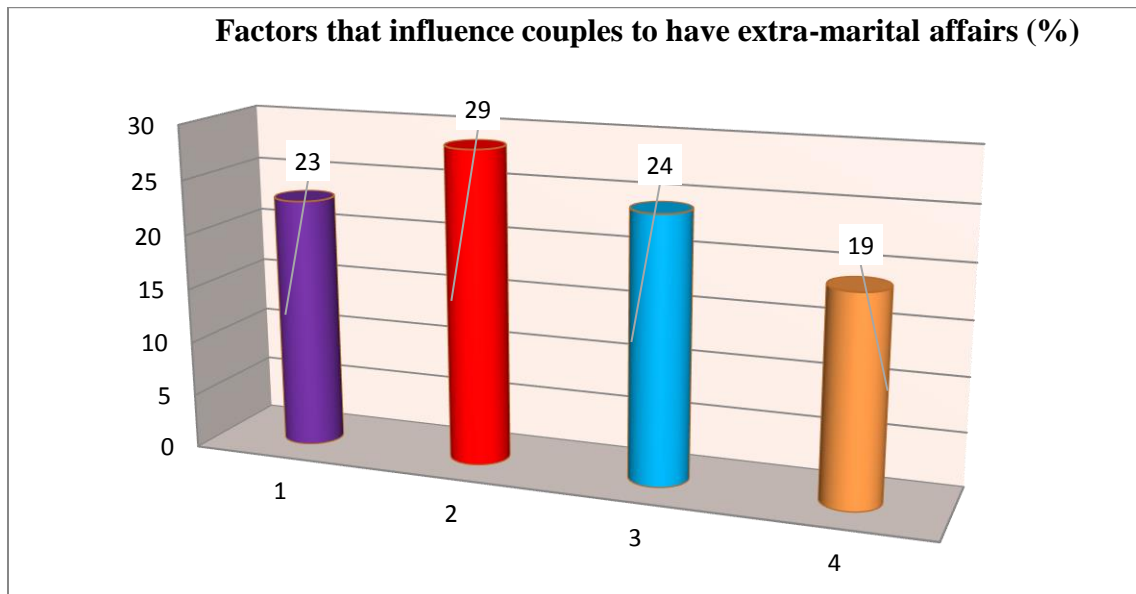
**Table 2**

<b>T/p</b>		
<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>		

In this following table all acquired empirical data were illustrated (Pic. 3).

**The factors that can influence the couple to have extra-marital affairs**

Picture 3



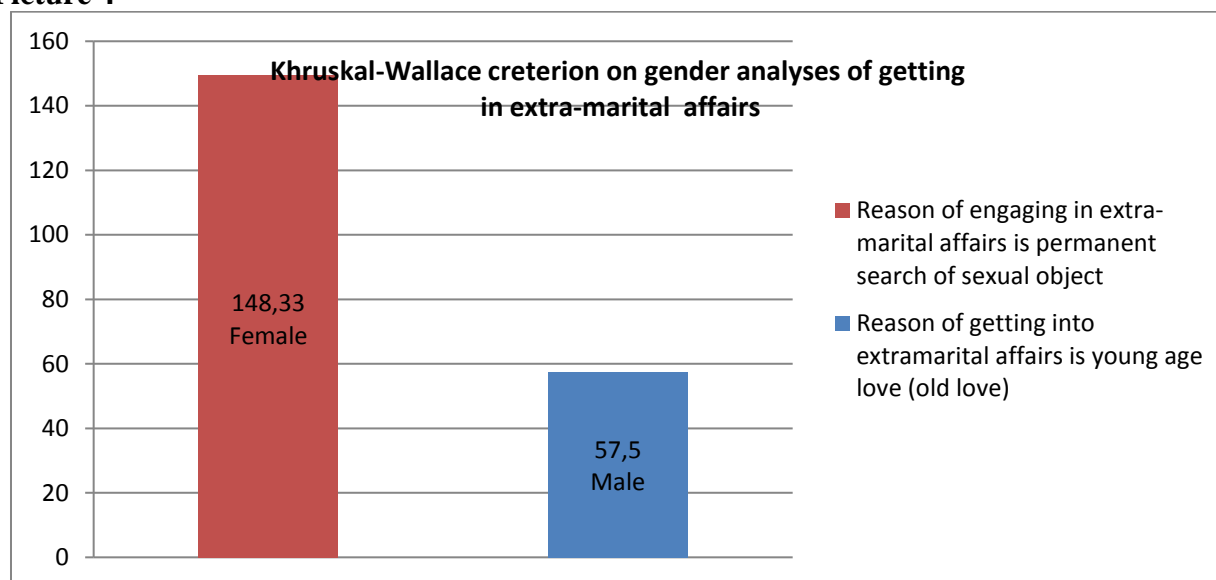
One of the major reasons that lead to out-of-marriage sexual contact is based on “Misunderstandings in the family and in relationships between husband and wife” and “Lack of knowledge and skills”, the result indicated 28.6 %, sexual diseases according to the second indicator showed 24.3 %, sexual infertility in men and female anomalies are one of the the causes of sexual malnutrition, the third result showed that “Partners’ needs do not match with each other” (23.0 %), and the last one is “Long - term business trips” may cause the partner to enter into a non-marital relations (19.0 %).

To find out the accuracy of the obtained empirical results, we analyzed the factors that led to the extra-marital affairs according to the Kruskal-Valis criterion (Table 3). The following analytical data was obtained on the basis of data on "sex", "age" and "age of the family". (H=47.35, H=21.99; p>00.1, H=21.97; p>0.001).

**Kruskal-Valis criterion****Table 3**

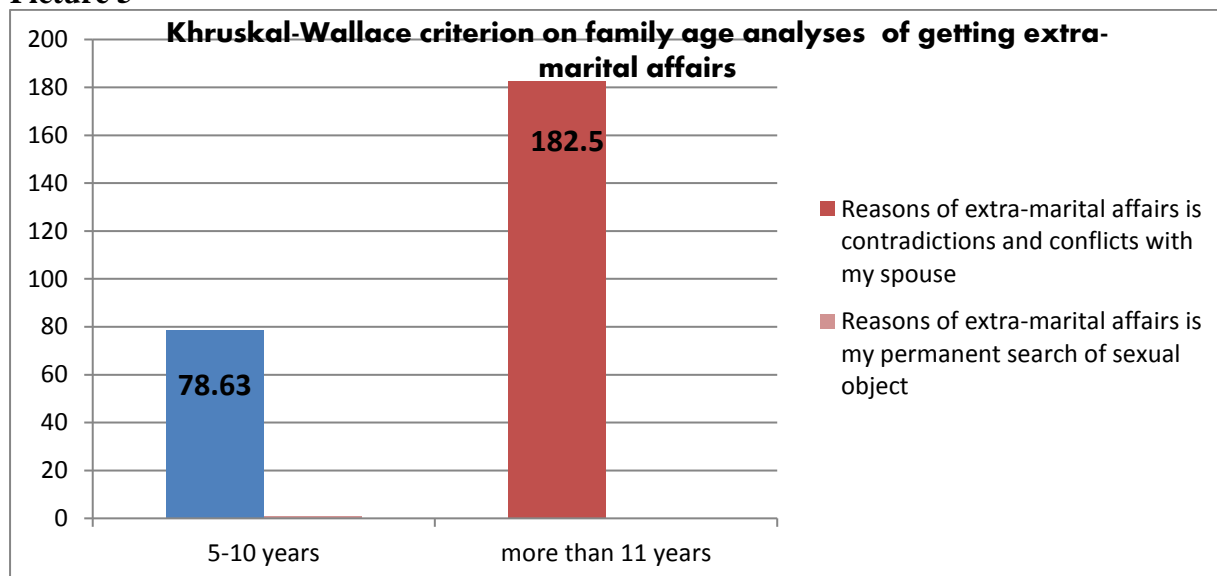
	What factors influenced you to enter into a non-marital relations?	N	Average measure	X <sup>2</sup> (H=)	Probability (P)
Gender	My love in childhood is the cause of my love for youth	24	148,33	47,355	,000
	I have a strong need to always search for a new object	7	57,50		
Age	Due to everyday conflicts in the family, I do have bad relations	16	79,75	21,994	,003
	I have a strong need to always search for a new object	7	168,64		
Family age	Due to everyday conflicts in the family, I do have bad relations	16	78,63	21,978	,003
	I have a strong need to always search for a new object	7	182,50		

According to Kruskal-Wallis criterion, having extra-marital affairs is due to the contradictions in both genders. "I have a strong need to always search for a new object" criteria which was indicated in the table embraced 57.50 measure in average. Based on this reason males have extra-marital affairs. Because of the feelings of youthful love, usually women can engage in extra-marital affairs with those whom she loved in her youth (average measure=148.33). Based on Age criterion observations, males aged 40+ will have extra-marital affairs in the of that they need a new sexual objects (average measure =168.64).

**Picture 4**

Next Age criterion says that couples who are spending 11 years of their life together tend to search new sexual objects to get into extra-marital affairs in order to have diversity (average measure=182.50). Couples who live from 1 to 5 years together and have conflicts and contradictions possibly have cold relationships which causes to have extra-marital affairs (Pic. 4). We concluded that in young families it is easier to get into extra-marital affairs because of neglect of family conflicts, lack of endurance and lack of proper understanding of marriage.

Picture 5



According to obtained results it can be observed that having extra-marital affairs is based on variety reasons.

During our investigation we found out growth tendency of extra-marital affairs among Uzbek families.

Thereby reducing the status of urbanization, changing lifestyles and the values of life, weakening the influence of social control over a person, the emancipation of women, declining the status of a man who is the head of the family, changing of patriarchal radicalism, transition to matriarchy in some families; masculinization of female gender and feminization processes in male gender, changes happening in point of view of man toward marital and premarital relationships, escalating in the number of divorced families, there are a number of changes in family life.

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