

PSYCHOLOGICAL BIRTH ORDER, SELF-EFFICACY AND ACHIEVEMENT MOTIVATION IN STUDENTS

Zunaira Fatima

MS Clinical Psychology
Riphah Institute of Clinical & Professional Psychology
Riphah International University, Lahore
PAKISTAN
zonie.fatima@gmail.com

Rakia Ashraf

Clinical Psychologist
Lady Willingdon Hospital,
Lahore
PAKISTAN
rakiaashraf@gmail.com

ABSTRACT

The study was conducted to find out the relationship among Psychological Birth Order, Self-Efficacy and Achievement Motivation in university students. It also investigated the role of Self-Efficacy in mediating the relationship between Psychological Birth Order and Achievement Motivation. Correlational research design was used. For data collection, purposive sampling technique was used from sample of 440 undergraduate and graduate students with age 17-25 years from college and universities. Psychological Birth Order Inventory (Campbell & Alan, 1991), Hermans Scale of Achievement Motivation (Hermans, 1970) and Self-Efficacy Scale (Schwarzer & Jerusalem, 1995) were used for data collection. Pearson Product Moment Correlation Analysis and PROCESS were used to find out correlation and mediation of variables. The results of the study showed that first Psychological Birth Order (men and women) significantly positively correlated with Self-Efficacy and significantly negatively correlated with Achievement Motivation. Middle and only Psychological Birth Order (men and women) significantly negatively correlated with Self-Efficacy. Middle. Significant negative relationship was found between youngest Psychological Birth Order (men and women) and Achievement Motivation. The results of mediation showed that Self-Efficacy was mediating the relationship between middle; only Psychological Birth Order and Achievement Motivation in both men and women. Furthermore, result of the t-test analysis showed that gender difference was found in Achievement Motivation with males having more Achievement Motivation than females.

Keywords: Psychological Birth Order, Self-Efficacy, Achievement Motivation, PROCESS.