

THREE GROUP CAREER GUIDANCE PROGRAMMES ON CAREER MATURITY AMONG NIGERIAN YOUTHS

Babatunde Joseph Ojo
Guidance and Counselling Department,
Faculty of Education,
Ekiti State University, Ado-Ekiti
NIGERIA
jobabatunde18@gmail.com

ABSRTACT

The paper investigated the effectiveness of group career guidance and counselling programme at promoting career decision making and skills among youths in Nigeria. The purpose of the study is to find out the effectiveness of group career guidance, group career counselling and group, career guidance and counselling put together. The study employed the use of guasi-experimental design of pre-test and pos test of three experiment groups. Two questions were raised to guide the study and one null hypothesis tested as 0.005 level of significant. Research instruments were two namely, Career Development Inventory (CDI) and group, career guidance and counselling strategies(package used for treatment) treatment procedure look place in three different school locations where students were pre-tested and post-tested before and after treatment with group career guidance (GCG), Group Career Counselling (GCC) and Group, Career Guidance and counselling (GCG+GCC). The results of the study revealed a general low career maturity and decision making skills before treatment. This study revealed improvement of the maturity and the skills after the treatment. it is then recommended that the group, career guidance should be made compulsory made to be part of secondary school curriculum in Nigeria.

Keywords: Career Maturity, Career Decision Making, Group Guidance, Group Counselling.