

DEVELOPMENT OF INTELLIGENCE IN WRESTLERS

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ABSTRACT

The author of article, characterising sports intelligence which is extremely necessary for realisation of victorious activity of the sportsman notices, that trainers in the course of preparation of sportsmen do not give due attention to development of this version of thinking. Results the list of recommendations about development of intelligence of the sportsman.

Keywords: Sports intelligence, development, thinking, activity, automatically reception, a condition, competition, a diary, exercise.