

A LITTLE STUDY ON COHESION

Gazieva Zukhra

Researcher/ National University of Uzbekistan

UZBEKISTAN

independent.2017@inbox.ru

ABSTRACT

Current research considers the cooperation and relations between athletes only as a member of sport team based on the logic that the athletes as a team members take an active action during the championships. Coaches, doctors, managers and other group of professionals' impact on the sport team are not considered within the current work. Team cohesion is the most essential aspect of sport and social psychologies. Sport teams' success based on social activities, high cohesion, cohesively executing the instruction of coaches, likewise tactic and psychological abilities of each athlete to work in team. Moreover, the cohesiveness in sport teams requires social nearness, the unity of the team, close cooperation in task accomplishment, besides, moderate and reasonable feelings of attraction, sympathy and respect among the team members from each team member. In theory positive relationship between sympathy, friendship and cooperation among sport teams impacts on effectiveness and success of the teams' results. However, in practice social cohesiveness not always changes the result of task cohesion. Therefore, we consider it's preferable to research how group cohesion can influence on team performance with in this work. During our research, we used sociometry, Index definition of group cohesion Seashore, Carron's Group Environment Questionnaire, Test of H.Eysenck: Extraversion and Introversion, Hand test and Thomas-Kilmann's Conflict Management Modes, Rotter's Internal-External Locus of Control Scale. The main aim of this study is to examine the relationship between task cohesiveness and social cohesiveness.

Keywords: Group Cohesion, Social cohesion, socialization.