ALKALOID, TANNIN PROFILES AND MINERAL ELEMENT COMPOSITION OF THE LEAVES AND STEM OF *VERNONIA AMYGDALINA* (BITTER LEAF) PLANT HARVESTED FROM WUKARI TOWN, TARABA STATE, NORTH-EAST NIGERIA

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ABSTRACT

The composition of alkaloids and tannins in the leaves and stem of Vernonia amygdalina (bitter leaf) plant was determined using gas chromatographic technique coupled to flame ionization detector while the mineral elements; calcium, magnesium, potassium and zinc were determined by Atomic Absorption Spectroscopic technique. The study revealed the presence of twenty (20) alkaloids in both the leaves and stem extract. The % composition were in the range of 0.03 % - 34.00 % (leaves) and 0.04 % - 36.93 % (stem) respectively while four (4) tannins having % compositions ranging between 0.82 % - 44.40 % (leaves) and 5.14 % - 28.37 % (stem) were found in the plant. Lactucopicrin (34.00 %, 36.93 %) and lactucin (18.91 %, 20.27 %) were the most predominant alkaloids in the leaves and stem respectively while augustamine (0.40 %, 0.40 %) and crinamidine (0.03 %, 0.04 %) were the least available alkaloids. Tannic acid (44.40 %) and acertannin (28.37 %) were however the most predominant tannins in the leaves and stem respectively. Generally, the total concentration of the alkaloids in the leaves and stem were 0.3791 mg/100g and 0.2245 mg/100g while tannin concentrations were 0.0248 mg/100g and 0.0557mg/100g respectively. High concentrations of calcium (212.48 mg/100g, 208.42 mg/100g), magnesium (422.42 mg/100g, 411.13 mg/100g) and potassium (636.62 mg/100g, 601.62 mg/100g) respectively were found in the leaves and stem. Zinc concentration (3.72 mg/100g, 3.16 mg/100g) respectively were however very low compared to the other mineral elements analyzed for. Vernonia amygdalina leaves and stem could therefore be very useful in treatment of diseases both in humans and animals if adequate amounts are consumed.

Keywords: Alkaloids, Bitter leaf, Composition, Gas chromatography, Phytochemicals, Tannins.