

SPORTS FACILITIES IN CHANGWON CITY AND CITIZEN QUESTIONNAIRES FOR THEIR SPORT AND PHYSICAL ACTIVITY

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ABSTRACT

High quality and fit for purpose sports facilities are an essential part of creating a healthy and active Changwon-ci. The kinds of public sports facility are classified into 14 categories: athletics field, soccer field, baseball stadium, cycle stadium, tennis court, scrambling, a simple playground, gymnasium, swimming pool, Korean archery, yacht, ice rink, shooting range. Reported sports facilities in Changwon city are classified into 10 categories. Park facilities in Changwon city are classified into 7 categories. Children's parks were the most numerous and neighboring parks had a large area. We referenced the Global Physical Activity Questionnaire (GPAQ) Analysis Guide and developed exercise participation questionnaire (EPQ) with modified GPAQ. Badminton was most citizens' favorite exercise. Swimming was the second favorite exercise. Many young people feel positive about sport but aren't necessarily looking to take part; for them, sport and physical activity needs to be more visible and accessible, with stronger reminders of their positive associations.

Keywords: Changwon city, Global Physical Activity Questionnaire (GPAQ), Sports facilities.