

CIVIC QUESTIONNAIRES FOR THE PUBLIC STADIUM AND GYMNASIUM CONSTRUCTION AT HADONG-GUN IN KOREA

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ABSTRACT

This study is intended to provide a long range vision for the public sports grounds at Hadong-gun in Korea over the next 20-30 years. The preliminary implementation schedule is based on the community needs assessment, current populations and population forecasts in each of the areas. The purpose of this paper was to investigate physical activity questionnaires, and to examine studies of their reliability and validity, focusing on the variable frequency. The eight questionnaires concerning individuals from 20-70 years were selected from a collection of physical activity questionnaires. A validated physical activity questionnaire for young adults was adapted and validated for use in free living, apparently healthy people, aged 20 to 70 years. Various facilities were necessary for people to build the newly established comprehensive sports park. Many people were feeling of various facilities, such as Jogging ground (14.9%), swimming pool (12.7%), fitness center (10.0%), and bicycle playground (8.2%). Many people prefer to swim (24.9%). Soccer was also popular with Korean (12.7%). Jogging (10.7%) and badminton (10.2%) were popular among older people.

Keywords: Physical Activity Questionnaires, public stadium and gymnasium, various facilities.