

TOLERANCE AS EMOTIONAL INTELLIGENCE DEVELOPMENT FACTOR

Abidova Ziyoda

Senior scientific officer-applicant
Social science faculty Psychology chairs
National University of Uzbekistan
UZBEKISTAN

ABSTRACT

In this article tolerance is viewed as emotional intellect development factor and describes results of randomized research conducted by author to study tolerance development effective methods promoting emotional intellect increase among hospital physicians. Author highlights deductive techniques which create conditions for tolerance disclosure and inductive techniques forming tolerance. The psycho diagnostics results through N. Koll “Emotional intelligence” method are described in this article. Author compares psycho diagnostics results before an experiment and three months after. The experiment conducted in two groups with different deductive techniques. Among participants of group 1 the experiment was conducted using motivation-constructive approach where information material delivered through open didactic deductive technique motivating tolerance but among participants of group 2 through behavioral (action)-oriented approach where information material delivered close didactic inductive technique forming tolerance. Comparing dynamic of changes among participants of two groups, author makes conclusions on effectiveness of one or another deductive approach in individual tolerance development. Based on research results author concludes on effectiveness of deductive techniques which expand individual tolerance inner potential which in turn increase possibility of emotional intelligence increase.

Keywords: Tolerance, emotional intelligence, deductive, inductive, didactic technology.