

DEPRESSION AMONG ADOLESCENTS IN THE MUNICIPALITY OF PRISHTINA

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ABSTRACT

The purpose of the research was to analyze the existence of depressive factors among adolescents. The overall objective was to analyze the possible existing risk factors among adolescents. The research was conducted during the period February to April 2015, with a total of 200 students interviewed (113 females and 87 males), 100 students in "Gjin Gazulli" high school and 100 students in the "Don Bosco" socio-educational center in Pristina. 52.5% of students feel sad, 40% of students feel they have no future, 45% of students have the sense of being guilty, 6% of students have contemplated suicide, but did not take any actions to accomplish their intentions, 5% of students would like to die, while 4.5% contemplate suicide in any given opportunity. As a result of various factors such as, psychological, environmental, trauma, etc., students experience different situation, which means the greater the concerns and grievances are, the greater is the adolescent depressive state. Considering that the adolescence represents a determinant age for a series of important features, the impact of the family environment in the emotional development of the child, especially in regulating negative valence emotions (fear, anger, sadness, anxiety) and prevention of stressors will impact positively on the future of adolescents.

Keywords: Depression, student, school, family.